



THE TIMES OF INDIA

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**TODAY'S
EDITION**

➤ An educator tells us how to get rid of math phobia and ways to master the subject without any fear for numbers

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➤ Did you know 'Camel Pose' in yoga can help you to remain calm and improve your brain function?

PAGE 3


➤ Mbappe shines as France beat Spain in the Nations League Final

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STUDENT EDITION
TUESDAY, OCTOBER 12, 2021


Anxiety of socialisation can be cause of concern for students returning to schools: Experts

CLICK HERE: PAGE 1 AND 2
TOP 3 BUZZ OF THE DAY
HONOUR

DAVID CARD, JOSHUA ANGRIST & GUIDO IMBENS WIN NOBEL FOR ECONOMICS



David Card

Joshua Angrist

Guido Imbens

Canadian David Card, Israeli-American Joshua Angrist and Dutch-American Guido Imbens on Monday won the Nobel Economics Prize for insights into the labour market and "natural experiments", the jury said. David Card of the University of California at Berkeley was awarded one half of the prize, while the other half was shared by Joshua Angrist from the Massachusetts Institute of Technology and Guido Imbens from Stanford University. The researchers were honoured for providing us "with new insights about the labour market" and showing "what conclusions about cause and effect can be drawn from natural experiments", the Nobel committee said in a statement.

- Unlike other Nobel prizes, the economics award wasn't established in the will of Alfred Nobel but by the Swedish central bank in his memory in 1968, with the first winner selected a year later. It is the last prize announced each year
- The Prize is based on a donation received by the Nobel Foundation in 1968 from Sveriges Riksbank on the occasion of the Bank's 300th anniversary

DIPLOMACY

LAC ROW: NO BREAKTHROUGH IN 13TH ROUND OF INDIA-CHINA TALKS



There was no breakthrough in the 13th round of corps commander-level talks between India and China on the 17-month-long military confrontation in eastern Ladakh, with New Delhi blaming Beijing for not being "agreeable to its constructive suggestions" and failing to provide any forward-looking proposals.

Ahead of the military talks on Sunday, there were expectations that the two sides could at least agree to completing the stalled troop disengagement at Patrolling Point-15 (PP-15) in the larger Hot Springs-Gogra-Kongka La area in a phased manner. With both armies continuing to deploy around 50,000 troops each along the LAC in eastern Ladakh, the PLA has built more permanent troops shelters as well as strengthened its military positions in the high-altitude region

SPORTS

T20 WORLD CUP: \$1.6 MILLION FOR WINNERS

The winners of the ICC men's T20 World Cup will take home a winners cheque of \$1.6 million while the runners up will get half that amount, the International Cricket Council confirmed on Sunday. All 16 competing teams will receive a part of the \$ 5.6 million allocated as prize money for the tournament, which will be played in the United Arab Emirates and Oman from October 17 to November 14.

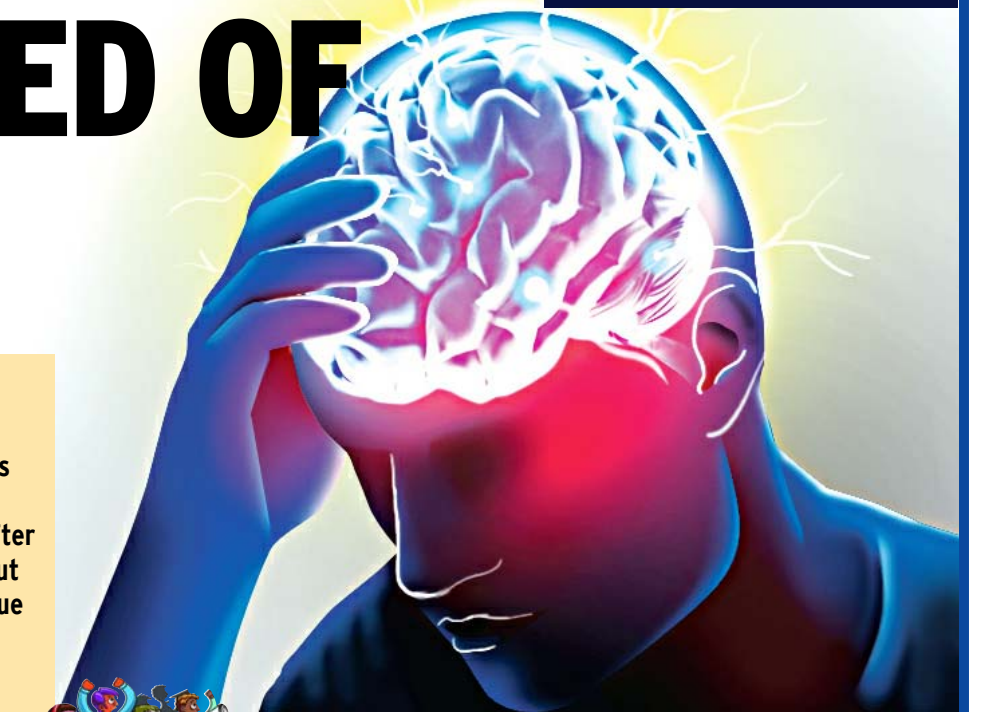
- The teams confirmed to be competing in the Super 12 stage are Afghanistan, Australia, England, India, New Zealand, Pakistan, South Africa, and the West Indies
- Just like in 2016, there will be a bonus amount for every match that teams win in the Super 12 stage



MINGLE, CONVERSE & CARE, NEED OF THE HOUR!

Expressing concern that the Covid pandemic has severely affected the mental health of children, healthcare experts have warned that anxiety of socialisation can be a matter of concern for students returning to schools, as they were physically away from their friends and teachers for a prolonged period. Parents and teachers should watch out for warning signs such as lack of concentration and sudden anger among children since reopening of the schools, they add. So, how should schools and parents deal with it? We find out...

Schools are reopening in several states and Union Territories after remaining shut for months due to the pandemic



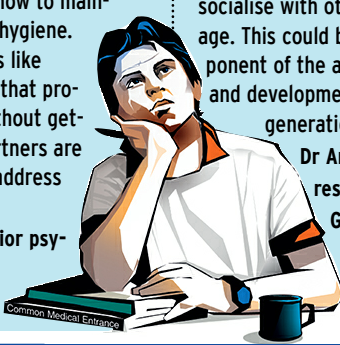
WHAT IS THE ROLE OF PARENTS? EXPERTS SHARE TIPS

- Instead of negating the feelings of children by saying 'don't be scared' or 'don't be silly, there is nothing to be scared', parents should let children express their fears and acknowledge that it is natural to feel anxious. The best way forward for teachers and parents is to probe about what is making them scared

Is it just being with other children or is it fear of getting Covid... then provide them with information about safety and the low risk of children getting severely sick even if they get infected. Gracy Andrew, vice president and country director for India of NGO CorStone

- The pandemic has severely affected the mental health of children like never before. Parents must get completely vaccinated as a first step to address their anxiety. They must also teach children how to maintain mask and hand hygiene. Games and activities like cycling and kabaddi that promote interaction without getting too close to partners are also a good way to address their anxiety

Children need to be counselled about the risk for caution. It's also crucial to remember that there are advantages of opening schools. Parents should encourage their child to socialise with other kids of their age. This could be a vital component of the all round growth and development of our next generation



Dr Anant Bhan, researcher of Global Health, Bioethics and Health Policy

HOW CAN SCHOOLS HELP IN MAKING STUDENTS FEEL AT EASE



Monica Chawla, principal, St Joseph's Sr Sec School, Chandigarh



Kamal Preet Kaur, legal teacher, CMS Gomti Nagar 2, Lucknow

The teaching fraternity can help students to 'GEAR UP' and overcome the anxiety of socialisation by G- Generating courage to handle fear; E- Express needs confidently; A- develop anxiety handling, R- Relaxation strategies; U- Use cognitive reframing from negative to positive thinking and P- Problem solving skills.

It is imperative to work on the mental well-being of the students in the initial days. Activities including storytelling sessions, circle time to know your friends and teachers, yoga, art, and craft activities, could be used as bridges to make them gradually fall in pace with the routine. We have to reinstate the faith and love for physical school in them through patience and love.



Sharmistha Sinha, principal, Zabar School, Ahmedabad

Social anxiety disorder (also called social phobia) is a mental health condition. It is an intense, persistent fear of being watched and judged by others. This fear can affect work, school, and your other day-to-day activities. It can even make it hard to make and keep friends

Stay composed, pay attention, and offer ease. Be a role-model, Be aware of how you talk about Covid-19, explain social distancing, focus on the positive thoughts and actions, establish and maintain a daily routine. Teachers should become mentors and comfort our future generation to snap back and lead a happy, safe and successful life in days to come.



Eveline Cranab G, teacher, Shree Niketan Patasala, Thiruvallur

FACTOID
₹ 1.5 CRORE

That's the bid received for Olympic gold medalist Neeraj Chopra's javelin during the third round of e-auction of prestigious gifts and mementos presented to Prime Minister Narendra Modi. The third round of the e-auction was held from September 17 to October 7 through the web portal www.pmmementos.gov.in. The proceeds of the e-auction will go to the Namami Gange Mission.

According to reports, 1,348 mementos were put up for e-auction in the third round, which evoked huge interest among the public, who enthusiastically placed bids to get an opportunity to own a valuable piece of history. The highlight items of this round of e-auction included the sports memorabilia of the medal-winning Tokyo 2020 Paralympic Games and the Tokyo 2020 Olympic Games; models of Ayodhya Ram Mandir; Varanasi's Rudraksh auditorium and many other precious and interesting collectibles



Cementing 'The Trust of India' With Gen Z

The first word that builds around a child's world is 'trust'. Trust is felt, and we all underwent this feeling of assurance first in our parents' embrace. As a child grows, it is the educational universe that envelops him or her with this feeling of safety and security, and teaches what trust is all about.

The Times of India, since 1838, shares the same relationship of trust and commitment to provide news, views and opinions that are authentic, unbiased and reflecting truth. With this, it has grown from strength to strength, adding every Indian from the biggest of metros to the smallest of towns and villages, to its readership base, building a bond that

dives deep into their everyday lives. Taking this legacy forward as part of The Trust of India campaign, The Times of India Newspaper in Education invites students pan India to show us how deeply connected you are with us. This is your opportunity to outfit us with smart captions for the Common Man cartoon and get featured on The Times of India and win attractive prizes. As many as 300 best entries would win e-vouchers. The best 5 entries from junior and senior categories will win a laptop or a tablet or a smart watch.

So, what are you waiting for? Don your smart cap and start thinking of a caption for The Common Man cartoon contest especially crafted for students.

THE TRUST OF INDIA


Father, we are going to agitate for lowering the age for voting to ten

HOW TO APPLY:

- Visit the www.TheTrustOfIndiaContest.com and choose your favourite cartoon
- Submit your caption along with the answer to an interesting question
- Get your family and friends to share your link on social media

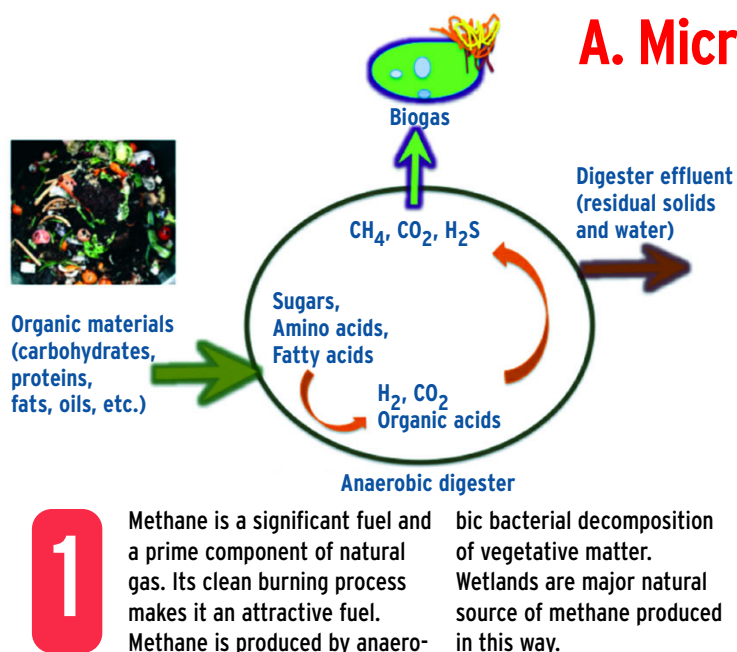
- using #TheTrustOfIndia and garner votes
- All valid entries will receive e-certificates for participation
- A total of 300 winners from across cities will win exciting rewards
- Total of 5 national winners in junior and senior categories each win the big prizes

Microorganism's Mission Clean-Up

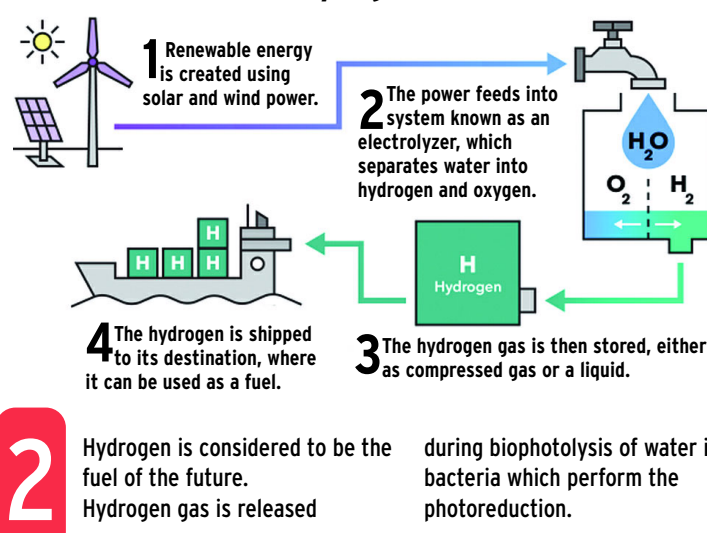


Microorganisms play an important role in cleaning up the environment. They decompose dead and decaying matter from plants and animals, convert them into simpler substances which are later used up by other plants and animals. They are used to breakdown harmful substances & remove a wide variety of contaminants from various surfaces.

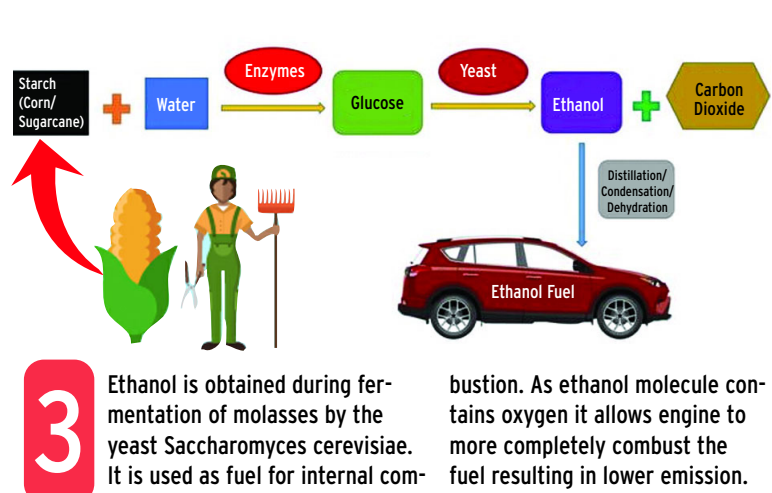
A. Microbes and fuel



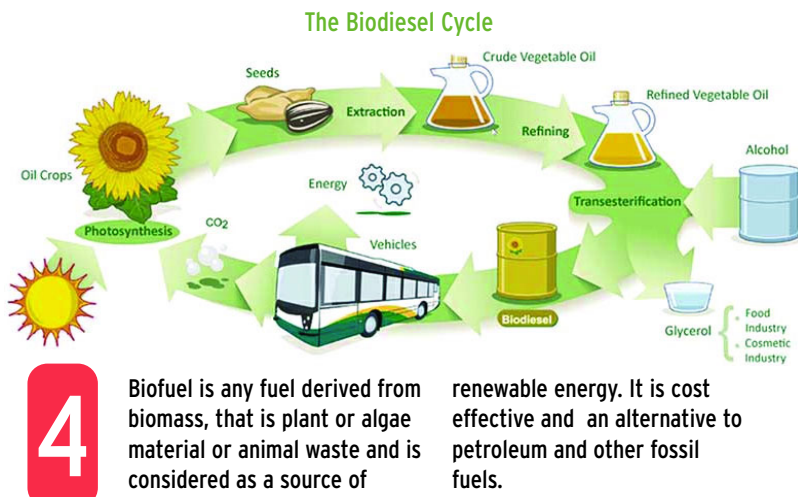
How is Green Hydrogen Produced?



How Ethanol Fuel Is Manufactured



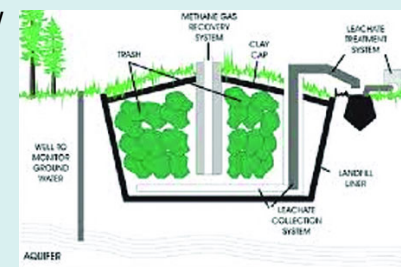
Plants used as a biofuel production



B. Microbial Pollution Control

1. Land filling

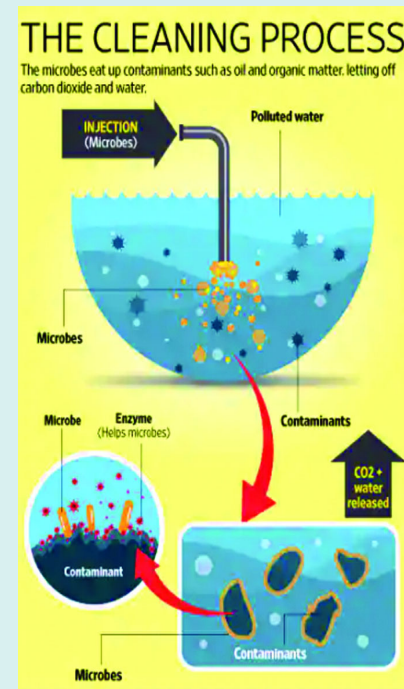
India is a densely populated nation and faces the crisis of solid waste and sewage waste management. Pollution in various forms is a serious threat to the environment. If these problems are not solved at the right time it will cause serious diseases and degrade the environment for the future generation. In rural areas, microbes are used to dispose of solid waste and produce compost. This technique is used to dispose of waste generated in the urban areas.



Large pits are dug in open spaces far away from the residential area and lined with plastic sheet as a precaution against pollution of soil due to leaching of toxic and harmful material. Urban area waste is dumped in the pit, it is covered with layers of soil, sawdust, leafy waste and specific biochemical bioreactors are mixed. Microbes naturally present in the soil and in the top layers decompose the waste. Completely filled pit is sealed with soil slurry. Best quality compost is formed after a few days. Such landfilling sites can be reused after the removal of compost.

2. Sewage management

In villages domestic sewage can easily be disposed of in biogas plants but in the urban areas disposal of sewage management is a big issue. There are certain microorganisms which can decompose the pathogens which cause cholera, typhoid and for that purpose the microbes are mixed in the sewage. They release gases like methane and carbon dioxide. Phenol oxidizing bacteria decompose the xenobiotic chemical present in the sewage. The sludge that settles down in this process is used as fertilizer, water which is released from this is treated with the help of microorganism or undergoes microbial treatment and is environmentally safe. Microbes are also used for the bioremediation of environments polluted due to sewage.



3. Clean technology

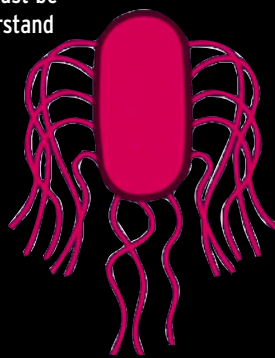
Harm to environment	Microbes which rectify the harm
a) Oil spill	<i>Pseudomonas</i> , <i>Alcanovorax borkumensis</i>
b) Plastic	<i>Vibria</i> , <i>Idionella sakaiensis</i>
c) Soil pollution due to acid rain	<i>Acidophilium</i> , <i>Acidobacillus</i>
d) Salts of uranium	<i>Geobacter</i>

C. Microbial inoculants

- Agricultural amendments that use beneficial microbes: bacteria or fungi, to promote plant health.
- Many of the microbes involved form symbiotic relationships with the target crops.
- Microbial inoculants are applied to:
 1. Improve plant nutrition.
 2. Promote plant growth by stimulating plant hormone production
 3. Suppress diseases, directly or indirectly, by making plants more vigorous, less susceptible to pathogens.

- Microorganisms must be studied well to understand their role in building a safe and clean environment.

ACTIVITY
Collect more information regarding garbage disposal in your locality.



Sunanda K. Nair,
Science Teacher,
St. Therese Convent
High School,
Dombivli east

SOLVE THE FEAR OF NUMBERS

"I am good at all subjects except math!"

"Why are there so many numbers?"

"Do I have to remember all these formulas?"

"I wish we didn't have to learn math. When will I ever use this in the future?"

If you're a math teacher or professor, you've probably heard some version of these statements (left box) over the course of your career. My own son has said these to me and the irony is that I teach mathematics to 10th graders. Some children grasp the subject like free candy while others detest it like bitter cough syrup; usually, there are no in-betweens. It goes without saying that math is the most feared subject among high school students and this fear often leads to a strong dislike and sense of hatred towards the subject. A good teacher already knows that not every child learns at the same pace or in the same way. Here are some reasons why this particular subject is unique and some students excel while others carry it like a burden...

WHAT MAKES MATHEMATICS UNIQUE?

Sometimes a class can be divided into students that like Math and those who don't and it is almost impossible to understand why this rift exists, but we can understand what this subject demands from learners.

- Unlike other subjects that require a decent grasp on the English language, Mathematics demands a thorough understanding of numbers, language, and symbols. Simply put, students cannot just remember the English definition of a mathe-

matical statement but need to interpret the impact of the signs used.

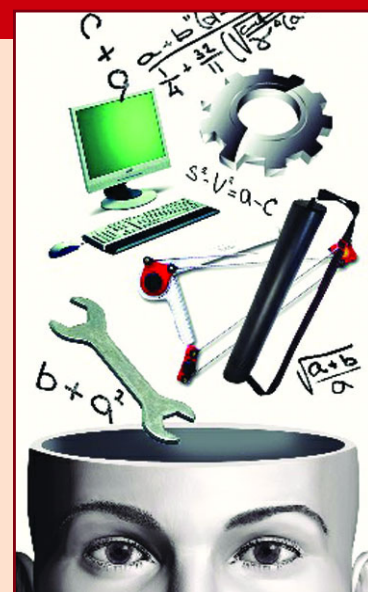
- Every problem is different from the last, sometimes just changing the numbers and asking a student the same question can leave them banging their heads for an answer.
- Many websites claim that math is abstract. This is a very vague statement since math can also be very naturalistic, meaning many concepts can be explained using real-life examples.
- A student cannot proceed to learn advanced concepts without completely understanding the basics. Learning math is like constructing a building, as the number of floors increase, the stronger each other previous levels need to be.



WHAT CAN TEACHERS DO TO HELP STUDENTS OVERCOME THEIR PHOBIA?

As teachers, it is not our duty to simplify a concept, we must make it easier for a student to understand a concept for what it is. It is near impossible to cater to the individual learning styles of each student, but identifying the ones that are struggling and making them comfortable enough to ask you even the simplest of doubts will make you, as a teacher, and the subject, more approachable.

Math teachers have a tough task on their hands since many students begin with a mindset that it is difficult. Breaking through this stereotype will help every student struggling to get a grip on the subject. Nonetheless, teachers have the creativity and teaching skills to help every student in the classroom overcome their fear of numbers.



Celebrating the most important essence of life

Eminent American jurist Oliver Wendell Holmes Jr famously said, "A river is more than an amenity, it is a treasure." Every year on the fourth Sunday of September, World Rivers' Day is observed to raise awareness regarding water bodies and to promote their conservation. It highlights the many values of rivers and strives to increase public awareness and encourages the improved state of rivers around the world.

To inculcate the consciousness and awareness about rivers among the young learners VSPK International School, Rohini celebrated World Rivers' Day on September 25 under the guid-



ance of chairman SK Gupta, manager Pramila Gupta, directors Kapil Gupta and Pankaj Gupta.

The event was unfurled by the principal Dr Shipra Kumar, with impactful inputs by the academic coordinator Priti Pasrichaand, incharge Anuradha Arora. Young artists, from pre-primary to class II recited rhymes, performed role play, sang songs and made this activity come to life with their beautiful attire and wonderful performances. Children's efforts were appreciated by giving them stars and smiles.

The activity was appreciated by everyone. It turned out to be a thought evoking and value inculcating session.

Sukrit wins first prize



Sukrit Singh Phukela, of class VI, brought laurels to alma mater, Mount St. Mary's School, Delhi Cantt by bagging the first prize in virtual annual interschool science and math festival, Quest 2021. The competition was organised by St Mark's Sr Sec Public School, Meera Bagh. The theme of the competition was 'Prayogshala'.

For preliminary round, Sukrit made a video demonstrating efficiency of four

different pain killers. The Final Round was a live demonstration of his experiment on the topic- 'Which pain killer relieves the pain earliest?'

He demonstrated confidence and expressed his thoughts clearly. He exhibited scientific aptitude and reasoning skills. As many as 22 schools across Delhi participated in this category. He was adjudged the best in 'Prayogshala'. His success is worthy of emulation.

Moment of pride for JKG

Another feather in the cap of JKG International School, Ghaziabad was added under the visionary leadership of school principal Anju Gaur. The school was awarded for its valuable and exemplary contribution to education community by Ardor Comm Media Group. The award was received by school principal on October 1 at a ceremony held at Hotel Radisson, Gurugram.



Various events held at Gyan Devi

Gyan Devi Public School Senior Secondary, Gurugram celebrated Teachers' Day and conducted the Investiture Ceremony 2021, on September 7, in the Kalawati auditorium.

The head boy and the head girl had been selected by a due process and had the honour of getting their badges pinned on, by chairman and MD respectively. The three house captains also got their badges pinned on by their respective house mistresses. Two students were also bestowed the badges of discipline-in-charge. These members of the student council



then took the oath, which was administered by the principal.

Teacher's day celebrations began with a beautiful Guru Vandana, followed by a special assembly conducted by the teachers. The beautifully soothing and melodious 'Maha

Mantra' was followed by the English and Hindi thoughts, and the 'news with a twist' was sportingly read out by the chairman.

Vote of thanks was given by vice principal and the function ended with the singing of the National Anthem.

Students celebrate new learning

In an attempt to allow the students to experience the joy of new learning, Modern Era Convent B 1 Janakpuri organised an on-line event 'Intellection' for classes VI to VIII.

This structured activity based programme provided an opportunity for reinforcing the lessons already learnt in the classroom, whereby the students got an opportunity to sharpen their communication skills, time management and confidence. The event commenced with an interesting activity 'Young Historians'



for grade VIII students.

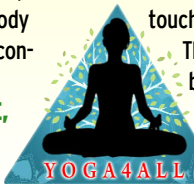
Students' immaculate and effortless presentations left all awestruck. The winners were awarded e-certificates. Overall, it was heart warming to see student's par excellence performance. The event was a learning experience for one and all.

CAMEL POSE

"Yoga is a light, which once lit will never dim. The brighter your practice, the brighter your flame." - BKS Iyengar

The term 'Yoga' has been derived from a Sanskrit word which roughly translates to union and discipline. Nowadays more than money and fame, we all need peace of mind and a balanced body. And by balanced body I do not mean only healthy lifestyle, balanced body means a stable mind, body and soul. It's true that yoga connects them all.

LET'S TAKE FOR EXAMPLE, THE CAMEL POSE - It is a



BENEFITS OF YOGA

- 1 Yoga keeps you fresh throughout the day and fills your mind with positivity.
- 2 Yoga prevents and cures many diseases like cancer, thyroid, tumour, heart diseases etc.
- 3 Yoga helps you to be calm and have patience.
- 4 It is proved by a scientific research that yoga lowers stress and anxiety levels and improves brain function.
- 5 Yoga alters gene expression too.

SARA SHUKLA, student, Euro School, Undri, Pune

part of kundalini yoga. It is specifically for the immune system. It is the asana of the heart chakra (fourth chakra), which is associated with balance, serenity and calmness. It regulates the thymus endocrine gland. To do this asana, we need to stand on our knees with our foot touching the ground completely.

Then drop your head and begin to arch your back pushing hips and

pelvis forward. Withdraw your hands one at a time and place them on your heels. Grip firmly. Arch your back until your arms are straight.

PRECAUTION: If you have undergone any surgery within 6 months then you should avoid doing this asana.



Yoga should be practiced under the supervision of Yoga Guru. The views expressed in the above article are those of the author and the newspaper takes no responsibility for it.

BAPU: THE PRACTICAL IDEALIST



Mahatma Gandhi was a brave man who put ethics at the centre of all of his activities and worked extremely hard for people's liberty and fairness throughout his life. Despite the fact that he made numerous sacrifices while keeping his self-confidence and individuality, Gandhi remains an inspiration to all Indians. Gandhi never advised people to follow him or to look up to him as a leader. To reach the ultimate truth of self-realisation, he promoted the ideals of truth, non-violence and moral values. Mahatma Gandhi is known for his strong sense of right and wrong, as well as his quest for justice and equality. Of the many reasons for Gandhi's popularity, one of them was his peaceful body language. According

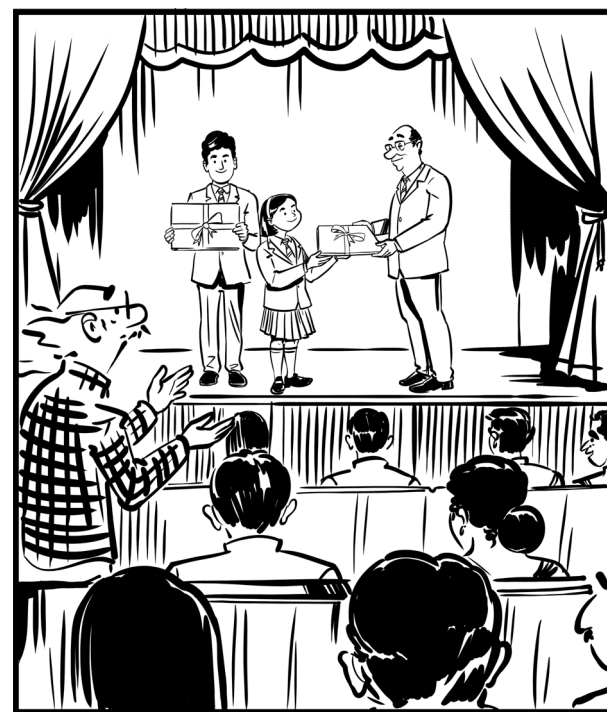
to him, even if people have distinct forms, the same spirit penetrates every one of us. In a nutshell, Gandhi experienced and recognised the value of 'Unity in Diversity'. His life philosophy comprised four components: truthfulness, nonviolence, fearlessness, and satyagraha. He often urged individuals not to rely on others and to undertake their own job. Gandhi believed that truth, peace, and the divine law were at the centre of all religions. He was a character of deep knowledge and fascinating simplicity, empowered just with an unbreakable will and unbreakable resolve, and a fragile person who challenged overwhelming might with the dignity of a basic human being.

SADHYA, class VI,
St Xavier's High School,
Mohali



INSPIRING ICONS
MAHATMA GANDHI

TOI



Trust your wit? TOI has something big for all students!

Are you the funniest one in your group of friends? Do your witty comments make the entire class laugh? Then caption India's beloved Common Man cartoon and win big! Top 5 entries, nationally from junior and senior categories win



Laptops



Tablets



Smartwatches

300+ winners from across cities win exciting e-vouchers

Winners also stand a chance to get featured in TOI. Students of Junior (Grades Vth-VIIIth) and Senior (Grades IXth - XIIth) categories are eligible for the contest.

To participate :

- Visit www.TheTrustOfIndiaContest.com and choose your favourite Common Man cartoon
- Submit your caption along with the answer to an interesting question
- Get your friends/family to share your link on social media using #TheTrustOfIndia and garner votes
- All valid entries will receive e-certificates for participation
- National winners get certificates and city winners get e-certificates

THE TRUST OF INDIA

THE TIMES OF INDIA
CHANGE Begins Here

@thetrustofindia

MBAPPE STARS IN CLOSE WIN



France celebrate with the trophy after winning the Nations League Pool

France beat Spain in a slow-start final to life Nations League trophy

World champions France won the Nations League final with goals from Karim Benzema and Kylian Mbappe, earning them a 2-1 win over Spain at the San Siro stadium in Milan. Didier Deschamps side had struggled to get a foothold in the game during a first half dominated by Spain but after going a goal down, following Mikel Oyarzabal's strike, they came alive. With Paul Pogba excellent in midfield, Mbappe's speed and movement stretching Spain and Benzema a constant threat, the French were good value for their victory.

"We showed our character against a very strong team. We never gave up," said Benzema. "It shows what great teams do - never panic, be patient and wait for the right time."

ABSENCE OF STRIKER WEIGHS HEAVY

Luis Enrique's young Spain side, who had beaten European champions Italy in the semi-finals, played their trademark possession football with patience and precision but in the end could not compensate for the absence of a genuine striker. "It was a difficult defeat," said Spain's France-born defender Aymeric Laporte. "We have proven to be a great team despite our youth, we have shown better football than them, but what counts is the result."

The first half was a relatively subdued affair with Spain moving the ball well but without dangerous penetration while France were disrupted by the loss to injury of centre-half Raphael Varane. But both sides were awoken after the break when France full-back

“We won against the European champions and were almost even with the world champions, so for the players and the team that is all good. Every time it will be more difficult for me to make the selection, that is good for us. The important thing is the team does not change its personality and the will to win. Nothing was missing tonight, it was a shame once we scored that opening goal that France went up the other end and scored because that was when France were at their weakest.”

LUIS ENRIQUE, Spain coach

Theo Hernandez thundered a shot against the underside of the bar after a swift break.

SWIFT RESPONSE

Spain responded to that warning in clinical fashion, taking the lead when Oyarzabal latched on to a long pass from Sergio Busquets, held off Dayot Upamecano and fired into the bottom corner. The French response was swift, however, with Mbappe finding Benzema who cut inside before unleashing a brilliant curling shot into the far corner to make it 1-1. Mbappe then grabbed the winner, 10 minutes from the end, racing on to a through ball from Hernandez and keeping his cool to slot past Unai Simon.

Spain protested that Mbappe was offside when he received the ball but the VAR check found a slight touch from defender Eric Garcia had played the France striker onside. France had keeper Hugo Lloris to thank for

two late saves as Deschamps's side held on for the victory against intense Spanish pressure. Lloris got down well to keep out a low shot from Oyarzabal in the 89th minute and then in stoppage time he reacted superbly to parry a strike from substitute Yereimi Pino.

Nations League, in just its second edition, remains clearly UEFA's secondary tournament for national sides, as the Italian fans singing of their team's Euro 2020 triumph reminded, but that didn't dampen France's celebrations. "We did not get off to a good start we were dominated and waited until the first goal to react," said Pogba, who was crucial to France's response. "We know we have to do better. But if it's the way we have to win, so be it. Winning a trophy is always good. We're always hungry for those," he added.

Earlier on Sunday, Italy had claimed third-place in the Final Four tournament by beating Belgium 2-1 in Turin. AGENCIES

Photo: REUTERS

MURRAY SERVES UNDERARM TO BEAT ALCARAZ

Meets Alexander Zverev next at Indian Wells Masters

Andy Murray rallied to win an inter-generational battle against teenager Carlos Alcaraz on Sunday, reaching the third round at the Indian Wells Masters along with Stefanos Tsitsipas and Alexander Zverev. Murray, who has touted Alcaraz as a future world number one, defeated the talented 18-year-old 5-7, 6-3, 6-2 to set up a meeting with third-seeded German Zverev, a 6-4, 3-6, 6-1 winner over American Jensen Brooksby.

Greece's Tsitsipas, the second seed, advanced in the combined WTA and ATP hard court event with a 6-2, 6-4 victory over Spain's Pedro Martinez. Murray, still battling to return from injuries that have seen his ranking fall to 121 in the world, raced to an early 3-0 lead before Alcaraz - who reached the quarter-finals of the US Open last month - found his range and regained a break. After saving a set point, the Spaniard broke Murray for a second time to take the opening set.

In the second set, the former world number one deployed a rare underarm serve on game point for a 2-1 lead, and this time held on. Britain's Murray, 34, who accepted a wild card

into the draw, had just eight unforced errors in the second set to Alcaraz's 14. He broke 30th-seeded Alcaraz to open the third set then saved four break points in the next game to maintain the advantage.

A second service break gave Murray a comfortable cushion, and it was the teen requiring late treatment on an injured foot before the off-injured Murray sealed the victory after three hours and four minutes. "He's obviously got so much potential, so much firepower and these conditions it's not easy to finish points off quickly, but he's able to because he has so much pace from the back of the court," Murray said. "So I had to fight extremely hard, coming back from a set down. I felt like in the second set he played maybe better."

Murray can expect a stern test in the third round from Zverev, winner of titles in Madrid and Cincinnati this season.

Zverev fired 28 winners against Brooksby but his 35 unforced errors were 14 more than his energetic opponent delivered. "It wasn't an easy match, but I'm happy to be through, I'm happy to be in the third round and playing Andy now."

Zverev noted that Murray was the only one of the "big four" of men's tennis - Roger Federer, Rafael Nadal, Novak Djokovic and Murray - that he has yet to beat. "I hope I can change that," Zverev said. "I think it's incredible how well he's moving and incredible how well he's playing. I think he's very motivated so I hope I can show my best tennis."

Other matches

In women's action, second-seeded Iga Swiatek roared to a 6-1, 6-0 third-round victory over Veronika Kudermetova. The win came on the anniversary of Swiatek's victory in the pandemic-delayed 2020 French Open and put her into the round of 16 in her Indian Wells debut.

Aliaksandra Sasnovich of Belarus continued her upset run with a 7-5, 6-4 victory over 2015 Indian Wells champion Simona Halep of Romania. AFP



Photo: AFP

Andy Murray

INDIA BLANK NETHERLANDS 5-0 IN THOMAS CUP

The Indian men's badminton team blanked lower-ranked Netherlands 5-0 in its opening Group C tie to make a winning start at the Thomas Cup Final at Aarhus, Denmark on Sunday night. Taking the court first, Kidambi Srikanth beat Joran Kweekel 21-12 21-14 in a men's singles clash before the doubles duo of Satwiksairaj Rankireddy and Chirag Shetty sailed past the Dutch pair of Ruben Jille and Ties van der Lecq 21-19 21-12 to hand India a 2-0 advantage.

World championship bronze-medallist B Sai Praneeth then demolished Robin Mesman 21-4 21-12 in just 27 minutes in the second singles match to give India an unsailable 3-0 lead.

M R Arjun and Dhruv Kapila next defeated Andy Buijk and Brian Wassink 21-12 21-13 in the second doubles tie before Sameer Verma made the clean sweep, beating Gijs



Kidambi Srikanth

Photo: REUTERS

Duijs 21-6 21-11 in the third and final singles match.

Earlier, ace shuttler Saina Nehwal was forced to retire midway through her opening match but India's young women's team produced a clinical display to notch up a fine 3-2 win over Spain in the Uber Cup Final.

India's men's team will next play another weak opponent in Tahiti in the Thomas Cup on Tuesday, while the country's women shuttlers will be up against Scotland in Group B. **PH**

QUIZ TIME!

Q1: On which of the following positions is the Umpire supposed to be present?

- Square Leg
- Mid-off
- Mid-on
- Fine leg

Q2: Which pair won the 2018 Chennai Open Challenger singles?

- Lee Duck-hee and Jordan Thompson
- Sriram Balaji and Vishnu Vardhan
- Mohammad Safwat and Sumit Nagal
- Sriram Balaji and Sumit Nagal

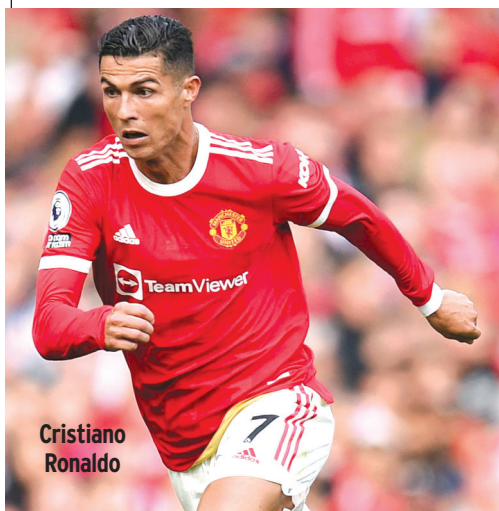
Q3: Which player has been adjudged as the ICC Men's Player of the Month for August 2021?

- Jasprit Bumrah
- Joe Root
- Shaheen Afridi
- Shakib Al Hasan

Q4: Who has become the 1st professional golfer in the world to receive the prestigious 10-year Dubai Golden Visa?

- Jordan Spieth
- Rory McIlroy
- Jeev Milkha Singh
- Tiger Woods

Q5: Cristiano Ronaldo made his 177th appearance in the Champions League, equalling a record set by which of his former teammates?



Cristiano Ronaldo

Photo: AFP

- Ryan Giggs
- Raúl
- Paul Scholes
- Iker Casillas

Q6: Which player won the 2021 US Open women's singles title?

- Leylah Fernandez
- Jodie Burrage
- Emma Raducanu
- Naomi Osaka

Q7: Pádraig Harrington announced the 12 golfers to represent Europe in Ryder Cup. Which of these countries has not provided a player?

- Northern Ireland
- Norway
- Austria
- Scotland

Q8: What is the correct measurement of a pitch in cricket?

- 20 meter long
- 22 meter long
- 24 meter long
- 26 meter long

ANSWERS: 1. a. Square Leg
2. b. Sriram Balaji and Vishnu Vardhan
3. b. Joe Root 4. c. Jeev Milkha Singh
5. d. Iker Casillas 6. c. Emma Raducanu
7. d. Scotland 8. a. 20 meter long