# THE TIMES OF INDIA

TODAY'S

With diabetes on the rise among kids in India, experts share tips on how to keep children at bay from this disease



Watch 'Before I fall' movie based on the novel of the same name by Lauren Oliver to understand struggles of tween



Garbine Muguruza, Anett Kontaveit to play for WTA title



THURSDAY, NOVEMBER 18, 2021



### **VIEWPOIN**

### **HEALTH MINISTER SUGGESTS HOUSE** STICKERS FOR THE **FULLY VACCINATED**



he Union health ministry has suggested stickers should be given in houses to notify completion of both the doses of Covid-19 vaccines in order to encourage uptake of the vaccine among the population. Union health minister Mansukh Mandaviya made a suggestion during 'Har Ghar Dastak' Covid-19 vaccination campaign. He said that Jan-Bhagidari' (people's participation) is essential for such a mammoth exercise like India's vaccination programme. Giving the example of developed countries whose health system and healthcare delivery have been exhausted with multiple waves of Covid-19, the minister stressed the completion of the Covid-19 vaccination drive with 100% administration of both the doses as an immediate necessity to end the pandemic in India.

### **SHARE YOUR VIEWS AT TOINIE175@GMAIL.COM**

The government recently Ghar Dastak" campaign for house-to-house COVID-19 vaccination of those who are yet to take a dose and those whose second dose is overdue. Around 12 crore people are due for their second dose, according to the government's recent estimates.

## **CLICK HERE: PAGE 1 AND**

### **POLLUTION**

### **Delhi: AQI third-worst in country**



ir quality in the city slipped into the "severe" category again on Tuesday after hovering in the "very poor" range for the past two days. Experts see no relief any time soon. With an AQI of 403, the capital stood as the third-most polluted city in the country, next only to Jind (AQI 428) and Manesar (AQI 410), data from the Central Pollution Control Board showed. PM2.5 levels remained over three times the safe limit. Experts said the city was in dire need of emergency steps to curb further accumulation of pollutants.

On Tuesday, the meteorological conditions allowed further accumulation of pollutants with low mixing height keeping them below the surface, calm winds failing to ventilate the area and low temperature making air heavy and holding the pollutants tighter. Anumita Roy Chowdhury, executive director, research and advocacy, Centre for Science and Environment, said, "What the city actually needs is a long-term action plan to curb pollution throughout the year, but it also needs to stop further accumulation of pollutants through emergency action plans because the ventilation is low."

### **TRAVEL**

### Meal, newspaper services to resume on domestic and international flights

he government has allowed airfood service on all flights across the country, as Covid cases reduce and with record vaccination numbers. Earlier restrictions barred airlines from offering any food service on flights up to 2 hours flight time. The order added airlines, both international and domestic, can provide magazines /reading material to passengers on board.



Meanwhile,IndiGo, one of Asia's biggest budget carriers, is mulling charging passengers for checked-in luggage as the airline prepares for a potentially fierce price war in the cut throat air travel market, which is showing signs of recovery following the worst of Covid.

### **POTTERMANIA**

### Relive the Magic: Harry Potter and the cast set to 'Return to Hogwarts'



aniel Radcliffe, Emma Watson and Rupert Grint are set to reunite, as they will join American filmmaker Chris Columbus and other cast members from all eight 'Harry Potter' films for the 20th anniversary special. Titled 'Harry Potter 20th Anniversary: Return to Hogwarts', the retrospective special by HBO Max, will celebrate the 20th anniversary of 'Harry Potter and the Sorcerer's Stone', as it will feature the making of an incredible story, interviews and cast conversations.

■ HBO Max announced the event recently through a 52-second trailer, which featured exhilarating moments of the adventures of Harry Potter, his friends and the villains as they announced the

# 'In-person school is key to child's development'

Former chairperson of the Goa State Commission for the protection of child rights, and pediatrician, Dr Sushma Kirtani said, it was time children return to schools in the interest of their future. Here's why...

### Psychological and mental well-being

Psycho-social development only happens when a child goes to school and interacts with other children and gets the required attention from teachers. Children need their difficulties cleared by teachers

### Personality development

Covid has impacted children's language and communication development and socialisation. Children can catch up on their studies, but socialisation is difficult to catch up. Their interaction has been limited and they've missed out on sharing, caring, how to resolve fights, problem solving and conflict resolution. Younger children have been more impacted. Five year olds have spent one fourth of their lives during the pandemic without socialisation. Children are missing out on how to express themselves. Pre-schoolers are having speech delays



### **Better monitoring**

Parents are working and cannot monitor their children. If kids get back to school, their overall development can be better monitored by teachers, as it used to be the case in pre-Covid days. Parents should shed their fear and allow the teachers to take care of the kids during school hours

### Make them disciplined

Students are missing out on the discipline of waking up early and studying and eating on time. They wake up late and watch the prerecorded sessions uploaded by the school at any time, and have trouble learning over the small screen, with some parents finding it difficult to buy data packs for them

(WITH VIEWS EXPRESSED BY DR IRA ALMEIDA, DIRECTOR OF

### **SHARE YOUR VIEWS AT TOINIE175@GMAIL.COM**

### Twitter redesigns warning labels to help users identify fake news, misinformation easily

witter users will soon see new warning labels on false and misleading tweets, redesigned to make them more effective and less confusing. The labels, which the company has been testing since July, are an update from those Twitter used for election misinformation before and after the 2020 US presidential contest. Those labels drew criticism for not doing enough to keep people from spreading obvious falsehoods.

■ The redesign launching worldwide on Tuesday is an attempt to make them more useful and easier to notice, among other things Experts say such labels, used by Facebook as well, can be helpful to users. But they can also allow social media platforms to sidestep the more difficult work of content moderation, that is, deciding whether or not to remove posts,

photos and videos that spread conspiracies and



types of misinformation: 'manipulated media,' such as videos and audio that have been deceptively altered in ways that could cause real-world harm; election and voting-related misinformation and false or scheme

Twitter only labels three

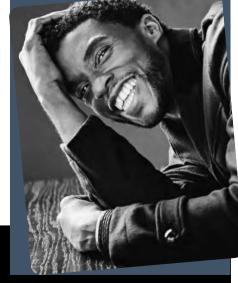
misleading tweets related to Covid-19 The new designs added orange and red to the labels so they stand out more than the old version. which was blue and blended with Twitter's colour

### Chadwick Boseman's 'Black Panther' character won't be recast by Marvel

ate Hollywood star Chadwick Boseman's King T'Challa/Black Panther will never be recast by Marvel following his tragic death, the studio's VP of Development Nate Moore has confirmed. Moore revealed that he had discussed potential casting decisions with Ryan Coogler, who is returning to direct 'Black Panther: Wakanda Forever', but

the pair ultimately decided that they "couldn't do it" without Boseman. He shared: "We have to figure out how to move this franchise on without that character. Because I think we all feel so much of T'Challa in the MCU on the screen... is tied to Chadwick's performance. "The challenge for 'Black Panther: Wakanda Forever' is telling a story without T'Challa."

Chadwick passed away at the age of 43 in August 2020 after a cancer battle and Coogler previously confirmed that he would have wanted his 'Black Panther' co-stars to press ahead with the story following his tragic death



### **KARTARPUR SAHIB CORRIDOR REOPENS**



he Corridor to the Sikh **Pilgrimage Kartarpur Sahib** reopened from Wednesday, paving way for thousands of devotees, largely Sikhs, to visit the final resting place of Guru Nanak in Pakistan. The corridor was shut in the wake of Covid-19 pandemic.

The corridor links Gurdwara Darbar Sahib in Pakistan to Dera Baba Nanak shrine in Punjab's Gurdaspur district. India signed the Kartarpur corridor agreement with Pakistan on October 24, 2019. Under the pact. Indian pilgrims of all faiths are allowed to undertake round-the-year visa-free travel through the Kartarpur corridor to Gurudwara Kartarpur Sahib, one of the most revered shrines of Sikhs in Pakistan

- The first Gurdwara, Gurdwara Kartarpur Sahib, was established in 1522, by the first Sikh Guru, Guru Nanak Dev
- In 1999, the Kartarpur Sahib corridor was proposed by the then prime minister Atal Bihari Vajpayee when he took a bus ride to Lahore in February during a peace initiative with Pakistan

THURSDAY, NOVEMBER 18, 2021

# THERE IS NO ONE WAY TO RAISE A CHILD'

SANGITA UNNI is the co-author of 'The Midnight Years', published by Hachette India. The Bengaluru-based psychologist and practicing counsellor is also the director of Lyftly

India and has launched the Lyftly Minds app



'They have all the freedom - they decide.' 'We are friends - my child and I.'

'We know what's best for them.

Sounds familiar? So what's the right way or the wrong way to parenting? Is there a one way?



know that any neglect sive parent not one we want to lean to. Perhaps the correct starting point would be to ask yourself: 'What do I need to see to believe and decide I did a good job as a par ent?' The immediate goal most parents share, would be to just get our children to listen to us'. The larger goal agreed on is to develop healthy, happy and successful children. As individuals we adopt different parenting styles and given the fact that each child, even if born in the same home,



is not going to behave exactly the same - there are many different permutations of ways you can

raise children. Having said that, research indicates that consistency is the key to good and effec-

tive parenting. The basic principles recommended by scientific studies conducted, to meet both your long term and short term parenting

An authoritative (not authoritarian) parenting style, which while being warm, is based on reason, drawing boundaries, ne-

gotiating while not being dismissive of the other's feelings will help them build skills of self-management, accountability and ownership. ➤ Acknowledging strengths and giving them constructive feedback when met with a challenge is required to help build self-

➤ Being a tough parent and allowing them to experience delayed gratification, dis-

As individuals we

adopt different

parenting styles

and given the

fact that each

born in the same

going to behave

exactly the same

- there are dif-

ferent permuta-

can raise kids

tions of ways you

child, even if

home, is not

build resilience. ➤ Having a caring, empathetic and mutually respectful relationship with your child sets the foundation of their future rela-

### Lead by example, please...

None of us went to parenting schools. We only have our intent to fall back on while we parent our child and we do it as best as we know it at that point of time. And that loving intent is what you need to be attuned to, by putting yourself in your child's shoes and using your wisdom as a parent. That perhaps is the one sure happy children.

# HEALTHY STE

**TO KEEP YOUR CHILDREN** SAFE FROM THE

imple lifestyle changes can prevent the onset of type 2 diabetes. Prevention is even more important if you are at an increased risk due to obesity, high cholesterol or a family history of diabetes.

This disease is not just common in adults but kids too. For kids, parents can do many things to prevent the condition. You can make it a family affair by inculcating healthy habits. This is because children learn quickly from what they see you doing. Here are some simple steps you can take for the health of children:





If your kids are overweight,

losing weight can help him

reduce the risk of diabetes.

Talk to them and make them

is important for staying

healthy and fit.

understand why losing weight

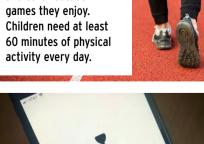
### Kids are glued to the screen due to Covid. Encourage

**STAY ACTIVE** 

most of the time, especially them to move their body and manage their own chores.



**CUT BACK ON SUGAR** Kids love sugary foods. But you have to keep an eye on it and limit their sugar intake. Do not offer them candies, packaged



**HEALTHY SNACKS** Focus on giving kids fresh seasonal fruits and whole grains from an early age. Make sure to introduce one food at a time, so that they can develop a taste for it.

juice and other processed foods

**OFFER THEM** 

as treats all the time.







## -Micro review-

# 'THE STORY OF THE FIRST CIVILIZATION'

### by Subhadra Sen Gupta

al Sahitya Akademi Puraskar winner Subhadra Sen Gupta wrote over 40 children's books before her untimely demise earlier this year due to Covid. Her last book titled 'The Story of First Civilizations' was published posthumously on October 27, 2021, by Talking Cub. 'The Story of First Civilizations' is a historical nonfiction for young readers aged 10 and above. The book traces our origins across the world; starting from the most basic lessons in our genesis and development. It evolves further to include the complex gradual procedures that we underwent in order to become the social animals that we are today.

'The Story of First Civilizations' is divided into nine chapters, This the very first out of which talks book is the late about the evoauthor's last contrilution of man. bution to the world of Starting from an ape, evoluchildren's literature. It tion helped huis good read for man beings to inquisitive kids turn into the most developed species in nature that could then build an

civilisation each, describing the

beginning and development of each, along with a few amazing facts that will startle the readers. Covering China, Greece, Rome, the Americas, Africa, Mesopotamia, Egypt and the Indus Valley – the book is com-

covers all the major sites that were home to the principal pioneer civilisations of the world. With accompanyentire civilisation. The follow- ing illustrations, the book offers ing eight chapters cover one insights about the various civil-

prehensive and

isation has been the cleanest and most organised of all, whereas Africa was the store house of gold. The Egyptians believed in life after death and buried their dead with all the luxury that would more than suffice for a living being. Meanwhile, mathematicians and philosophers are gifts of the Greek civilisation to the world and examinations

FIRST

CIVILIZATIONS

From Mesopotan

were that of China's. Revealing more such mindboggling facts, the book is a perfect read for curious little minds because it educates as well as nurtures the inquisitiveness of the ones growing up. There is also enough humour in the writ-

# Ready to head back to theatres? How to stay safe while watching movies

isations. The Indus Valley civil-

slow return to pre-

across cities eager movie watchers are bouncing back to the cinemas. While Covid-19 has altered the way we look at weigh the risks of any public outing, cinema watching is also something

With movies now releasing, it might be the first time avid cinema buffs would step out to a theatre in almost two years.

At the same time, the

restrictions and fined to a closed space for more than 1.5 hours can induce some

some ways), movie halls and how do you make your movie nated, there's a lower than ever theatres have now opened up watching experience free from risk of transmission and virus



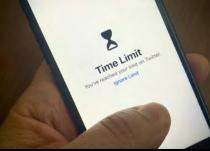
low - you can get this information from govt websites that track the number of cases in escape the crowds? Here's a an area. And don't go when you guide to safer and Covid are not too well as that's the thought of a packed hall, appropriate movie screenings: time when immunity is low.



### ith the easing of crowds gathering or being con- How safe is it to venture into a While Covid cases have cerpandemic life (in Covid anxiety in people. So, tainly ebbed, and many vacci-







## Children's Day celebrated with zeal

ly amidst the ongoing corona pandemic with great zeal and cheer on November 15 by the students and teachers of Ryan International children. He was one School, Sec-31, Gurugram. Upholding the visionary ideals of most of his precious chairman, Dr AF Pinto, special vir- moments with chiltual assemblies were organised grade wise by the teachers through which the primary, middle, and senior wing students witnessed their fun and enthusiasm. own reflections on the virtual stage in the form of their teachers who presented the 'Bible Verse', poem, speech etc on this occasion. The day commenced with a special prayer including the 'Bible' reading wherein the teachers conducted the as-

sembly from singing the prayer Chacha

brated this year virtual- and performances for the students. is an occasion to imbibe the quali-The day also happened to be the

birthday of Pandit Jawaharlal Nehru who is known for his love and deep affection for who used to spend dren and their innocence. Children's Day is a day to engage in But it is not just that. This day reminds everyone to renew their commitment towards the welfare of the children and to

teach them to live by

Nehru's

nildren's Day was cele- songs to presenting various games ideals. And for grown-up people, it ties of childhood.

Children are considered as the building blocks of a strong nation.



sential to bring about a revolution. And therefore, there is a need to shape them in the appropriate manner and treat them with respect and care to nurture the future leaders of tomorrow. Needless to mention that it is not only the school that plays a pivotal role in the character-building process of a child, but the family and friends also play an equally significant role.

They are wild and free-spirited – the

exact qualities that are quintes-

Ryan always motivates Ryanites towards knowledge and understanding, and equip them to become the dynamic leaders of the society. The Ryanites are not only provided with regular academics of utmost excellence, but also are inculcated with values of critical thinking and social awareness

School head, N Geetha Srinivasa greeted each and every student on this special day and reminded them of the true role that they need to play as students in transforming the society. She also appreciated the efforts put in by the teachers for such a wonderful assembly.

### **Exhibition of FIZ Robotic** Solutions and Field Execution

agran Public School, Noida organised the second exhibition of FIZ Robotic Solutions and Field Execution in its premises on October 30, wherein the students of classes III to XII displayed their working and nonworking models namely drones and other projects.

The programme began with the inauguration of the exhibition by the chief guest Dr Nakul Parashar, director at Vigyan Prasar, Ministry of Science and Technology. The August gathering comprised of Dr Chandramauli Joshi, N R Mohanty, and director at JIMMC, Manoj Katariya, school principal Dr D K Sinha, vice principal Hema Priyadarshini, school coordinator, parents and students.



see the working models made by the students of primary, middle and junior levels. Many parents registered their wards in FIZ Robotic Solutions and also cleared their queries from Vaibhav Dixit that were immediately satiated. All the parents and the students visited the exhibition. The programme came to an end with the vote of thanks proposed by the vice The audience was mesmerised to principal, Hema Priyadarshini.

### **Annual project show held with fanfare**

aspal Kaur Public and Dento Facial Or- with our siblings. It was fol-**School**, Shalimar thopaedics, along with the Bagh, organised the class II annual project show, 'The Magic With-

in...' virtually, recently. The solemn evening commenced by invoking the blessings of the Almighty with a serene 'Shabad' recital and lighting of the lamp. The school

principal, Asha Saran Srivastava, welcomed the guests of honour, Bandana Kumari (MLA) and Dr Mayank

Mukhi (alumnus of JKPS)

presently working as sen-

ior consultant in the De-

partment of Orthodontics

ents. The chairman of the school, Sardar Surjit Singh, and vice-chairperson, Ras-

other dignitaries and par-

na Singh also graced the oc- appreciated the creativity

casion with their presence. The show began with an emotional and empathetic anecdote 'Gullak' which showcased the bond of love which we share

lowed by a melodious medley 'Anmol Rishtey' which exhibited a beautiful relationship among friends, cousins, and siblings. The

> enthralling play 'I 'm pos sible' conveyed the message of believing in ourselves Bandana Kumari ad-

audience and and talent of the staff and students involved with the project show. The show ended with a vote of thanks by the headmistress, Shikha

dressed the

### Ryanites take part in district athletic championship

nder the aegis of District Athletic Association, District athletic championship was conducted on October 26 to

28 and the students of classes IX - XII of Ryan International School were a part of it.

We are proud to announce that even during the pandemic, students have not stepped back to show their mastery in sports. Seven students brought lau-



rels to the school and secured positions and won medals in different categories and are further qualified for the state level championship at Delhi. The principal of our school Seema Kasumra congratulated the students on their success.

any of us have balconies which

we beautify with flowers and

plants. However, instead of

going to the market each time we need

from plastic bottles. Here's a great craft

to buy a flower pot, we can make one

### 'Wall of Kindness' spreads warmth at Bosco

o instill compassion amongst the Boscons, the school has inaugurated a 'Wall of Kindness' for the underprivileged on the occasion of the birthday of honourable founder manager of the school, N K Duggal. The wall of kind-

ness was inaugurated on November 2, by the honourable school chairman, Dr Gurpreet Singh Tuteja, principal, Rajiv Duggal and Anuradha Duggal along with eminent presence of Sahil Duggal, Geeta Duggal and vice principal, Priya Handa.

The 'wall' is made on the outer facade of the school, so that the givers and the takers can easily leave



tive equally respects the dignity of the donor and the recipient, as one doesn't know who is giving and who is receiving and the donation reaches the deserving ones.

Staff members donated new and utility oriented goods like wearables, electronic gadgets, bags and stationery.

# RAJARSHI CHAKRABORTY, class XII C, The Union Academy Sr Sec School **Connaught Place** ROHIT, class VIII B, The Union Academy Sr Sec School, Connaught Place

### Let children's laughter remind us how we used to be

fun-filled, happy space was created at DPSG, Vasundhara grounds where children and teachers got together to celebrate Children's Day with sports activities, like hoola-hoop competition, tug-of-war between teachers and students,



etc. DPSGV alumni graced the occasion by proposing F-15 Cricket Match and a basketball friendly match between the not-so-juniors and seniors. The running commentary stole the show where teachers, students, alumni pitched in with all excitement.

### planter out of an old plastic bottle and then put fresh flow-

■ Plastic bottle

ers in it to beau-

tify your bal-

**MATERIALS** 

cony.

**USED:** 

Spray colour

activity that

makes it really

fun to recycle.

Make a plastic

bottle hanging

Plastic loop

Cutter knife

that you will place on the plastic bottles with a marker. Then cut it

■ Peel off the plastic labelling of your

bottle and clean the stickiness.

■ Prepare the drawing pattern

out with a cutter knife. For example you can draw simple stripes and cut stripes in alter-

**! MAKE YOUR OWN FLOWER POT** 

TOO IT YOURSELF







■ Using the circular bottle cap, draw circles on top of the wedge of the bottle to give the planter an aesthetic look. Cut out the part of the circles

iutting out from the bottle to smoothen it.

■ Drill two holes in the bottle cap at equal distance. Insert a plastic loop lock through both holes.

Paint your planter in the spray colour of your choice. ■ When it is dry, close the open

plastic bottle with the cap. Put the mixture of compost and loose soil that has been prepared in the

> the flowers. Your DIY Plastic bottle planter is ready to be hung

bottle and plant

on your balcony!

Madiha Khan, **IBDP Year 2** The Heritage School

**NATURE- AN EXISTENCE** 

It's in the glee of a child As he opens the win-After a long midsummer night Watching a girl like a moon in the starlight It's in the lovely grey orbs of her eyes.

Nature, It's in the fascination of two children With the lovely meows And the music of the bow-wows It's in the mud on their knees It's in the laughter of

children.

Nature, It's in the passing of time The love of two people and the cries of religious men The women with memories of things long A departure from everything old and It's in the seven rounds

 $with\ two\ people.$ Nature, It's in the cold nights When one remembers the partner passed

The flowers fresh on an old grave The silence long gone by

> Nature, Was never our creation Rather an observation Of a heartbroken lover sitting by a tree Listening to the chants of the religious men As his love sits like a moon in the starlight It's in the drooping of his shoulders.

It's in the dew in

our eyes.

Nature,

It's in his memory From when he sat by a tree Watching his moon go away Till she became set in dust It's in the flowers fresh on an old grave.

Nature, It's in the day From when he was a child And opened the window After a long midsummer night It was in his eyes all

Vani Makan, class XI-C, Bal Bharati Public School, Sector-14, Rohini

**MOVIE: BEFORE I FALL (2017)** 

## STRUGGLES OF TWEEN LIFE

efore I Fall is a teen drama film directed by Russo-Young, based on the novel by Lauren Oliver and starring Zoey Deutch as Samantha Kingston. Sam is a popular high school student with a loving family and amazing friends. Everything in her life seemed to be exciting and new, but for some reason she keeps on living the same day in different al-

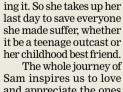
ternatives of a tragic incident. To end the time loop, Sam has to figure out whatever is stopping her from her inevitable death. In that adventure of try-

most important aspects of teenage

ing to save everything else that she helped destroy, she makes her last day count. The plot smoothly moves around life, from anti-bullying and sexuality, to appreciating all the people

around you. The protagonist, Sam, is not flawless and has flaws like every other teenager. The movie aims to get through

all the struggles of high school from the perspective of one who helps in making high school a difficult place to survive. Even though Sam does not actively partake in bullying, she has never tried to stop her best friends from do-



and appreciate the ones around us and do it soon because, "Maybe you can afford to wait. Maybe for you there's a tomorrow. Maybe for you there's one thousand tomorrows, or

three thousand, or ten, so much time you can bathe in it, roll around it, let it slide like coins through your fingers. So much time you can waste it. But for some of us there's only today. And the truth is, you never really know.

> Mayesura Taiyeba, class XI, Calcutta Public School, Baguiati, Kolkata



THURSDAY, NOVEMBER 18, 2021



First-time finalists, the Spaniard dominated Paula Badosa while the Estonian fought off Maria Sakkari to progress

Paula Badosa in a 6-3, 6-3 victory on Tuesday and will play Anett Kontaveit for the title at the WTA Finals. Eighth-seeded Kontaveit beat Maria Sakkari 6-3-6, 6-3 to advance, ensuring two first-time finalists at the women's season-ending championship. Kontaveit lost to Muguruza in the last match of the round-robin stage, and has a 2-3 career record against the two-time major winner. The sixth-seeded Muguruza, a losing semifinalist in 2015, is the first Spanish woman to reach the singles final since 1993, when Arantxa Sanchez-Vicario was runner-up to Steffi Graff.

arbine Muguruza dominated

"I'm very happy with my performance. It was the best match I played here in Guadalajara,' Muguruza said. "It's the first time we encountered each other. I'm very proud of Paula, she started the year back in the rankings and made it all the way to the top 10.'

### A STEADY BOUNCE BACK

The 28-year-old Muguruza now has a 13-2 record in Mexico, where she won back-to-back titles in Monterrey in 2018 and '19. She opened this year's WTA Finals with a loss to third-seeded Karolina Pliskova but bounced back with victories over second-seeded Barbora Krejcikova, Kontaveit and

Badosa. The former No. 1-ranked Muguruza broke seventh-seeded Badosa's serve in the third game and took the first set in 35 minutes. In the second, Muguruza had a service break in the second game, saved a couple of break points in the third and never looked back. Badosa finished a breakthrough season that saw her crack the top 10 for the first time.

"It was a tough day, I did not feel myself and she played good, all the credits go to her," said Badosa, who earlier in the tournament said that Muguruza had been her tennis inspiration. "I don't really know what happened today. I'm sad that I could not compete.

### **KONTAVEIT ON WINNING SPREE**

On the way to the final, Kontaveit beat Krejcikova and Pliskova before her group-stage loss to Muguruza. She now boasts a 29-3 record at her last eight tournaments and could rise to No. 6 in the rankings if she wins the title here. Her win on Tuesday gave Kontaveit her 48th win of 2021, equaling Ons Jabeur for the most this season.

'When I came here, I had nothing to lose but then I started to win and felt like I can win," Kontaveit said.

The WTA Finals are being played in Guadalajara for this year only, with the event scheduled to return in 2022 to Shenzhen, China. AP

### FEDERER TO SKIP AUS OPEN, RETURN IN 2022

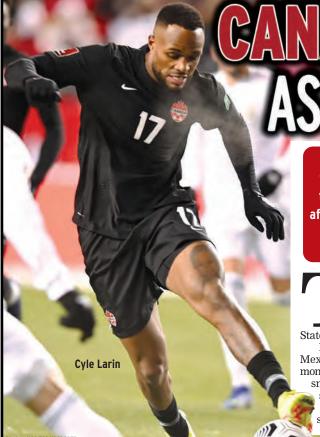
oger Federer will miss the Australian Open in January and is unlikely to return to competition until mid-2022 as he recovers from multiple knee surgeries, the former world number one told Swiss media. Federer, 40, also said he would be "extremely surprised" if he was able to play at Wimbledon, a Grand Slam he has won a record eight times

with his last title coming in 2017. The 20-times Grand Slam champion said he would be able to resume running in January and return to training on the court in March or April. "I need to be very patient and give my knee the time to heal. The next few months will be crucial," Federer told Le Matin newspaper.

Federer is tied with Rafa Nadal and

Novak Diokovic in the race to be the most successful men's sin gles Grand Slam champion of all time. His coach Ivan Liubicic had said earlier this week that Federer was unlikely to play at Melbourne Park in January as he was not going to be at 100%. REUTERS





Canada took a giant stride towards their first World Cup finals appearance in 36 years after beating Mexico 2-1 to vault to the top of the CONCACAF qualifying standings

vo goals either side of half-time from Turkey-based forward Cyle Larin fired the Canadians to a victory, which leaves them one point clear of the United States with 16 points from eight games.  $Hector\,Herrera\hbox{'s 90th-minute goal for}$ Mexico set up a frenzied finish at Edmonton's Commonwealth Stadium, where snow had been cleared from the pitch shortly before kick-off as temperatures plunged to minus 9 degrees Celsius (15.8 degrees Fahrenheit). The fi-

nal whistle was met with a mass confrontation involving players from both sides as tempers flared.

ADA EYE WORLD CUP DREAM

The result means Canada are now firmly on course to qualify for next year's finals in Qatar. Canada's only other World Cup appearance came at the Mexico finals in 1986. Canada's win saw them leapfrog over the United States for top spot in CONCACAF's eight-team final round of qualifying.

### **USA** held

The USA were held to a 1-1 draw against Jamaica after a spectacular equaliser from West Ham striker Michail Antonio secured a share of points for the Reggae Boyz. Antonio's 22nd-minute long-range effort cancelled out a superb individual goal by US forward Timothy Weah, at the 11th minute. The Lille forward showed great strength, angling a deft shot across goal and in off the far post. AFP

### **ARGENTINA QUALIFY AFTER CHILE, URUGUAY LOSE**

rgentina joined Brazil in qualifying

for next year's World Cup in Qatar despite the arch-rivals playing out a dour 0-0 draw in San Juan. Defeats for Uruguay (3-0 to Bolivia) and Chile (2-0 to Ecuador) ensured Argentina, unbeaten in 27 matches, booked their ticket, leaving just two more automatic spots available in South American qualifying, with four matches left. It caps a fine year for Argentina and Lionel Messi, who won their 15th Copa America in July with a 1-0 final victory over Brazil at Rio de Janeiro's iconic Maracana stadium. It is also the 13th time in a row that Argentina have qualified for the World Cup, except in 1970 finals in Mexico.

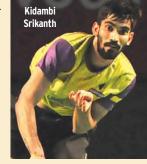
Brazil secured their qualification on Thursday with a 1-0 win over Colombia. Ecuador look set to join the two continental giants, sitting in third with a six-point gap and only four matches left to play. But the fourth automatic qualification spot will go down to the wire with five teams separated by just two points. AFP

## **DHRUV-SIKKI, SRIKANTH ADVANCE IN INDONESIA MASTERS**

Srikanth staved off a stiff Srikantn staved of the challenge from France's Christo Popov to progress to the men's singles second round at the Indonesia Masters Super 750 badminton

tournament at Bali. Former world no Srikanth, who had claimed the Indonesia Open Super Series premier in 2017 at Jakarta, saw off world no 71 Christo 21-18 15-21 21-16 in his opening match that lasted an hour and 15 minutes. The Indian, currently ranked 15th, is likely to face Indonesia's sixth seed Jonatan Christie next.

In mixed doubles, the pairing of Dhruv Kapila and N Sikki Reddy notched up a stunning 21-11 22-20 win over second seeds and world no 5 Indonesian duo of Praveen Jordan and Melati Daeva Ok-



tavianti to also advance to the second round.

However, it was curtains for former Commonwealth Games champion Parupalli Kashyap after he went down 10-21 19-21 to Denmark's Hans-Kristian Solberg Vittinghus.

Two-time Olympic medallist P V Sindhu and Lakshya Sen had reached the second round on Tuesday. PTI

## QUIZ TIME!

1 • What are the four most • important tennis tournaments in the world termed as?

- a. Grand Slams
- b. World Series
- c. World Cup d. WTA
- Q2. When is the ball considered out of play in football? a. When it has crossed the goal or touchline
- on the ground b. When the referee starts the game.
- c. When a player heads it
- d. When it is a bicycle kick

### • Where was the first Ranji Trophy match played?

- a. Mumbai
- b. Chennai
- c. Kolkata d. Bangalore

Q4. Which tennis player was the first to win 3 straight titles at Wimbledon?

- a. Peter Sampras
- b. Andre Agassi
- c. Andy Roddick
- d. Novak Djokovic

Q5. Serbian forward Mitrovic became his country's all-

### time top scorer with 44 goals, in how many appearances?

a. 72 b. 69 c. 50 d. 65



Mhich former captain was named head coach of Indian men's cricket team?

- a. Rahul Dravid
- b. Anil Kumble
- c. Sachin Tendulkar d. V V S Laxman

7. Who among the following was the first to receive the Rajiv Gandhi Khel Ratna?

- a. Viswanathan Anand
- b. Geet Sethi c. Karnam Malleswari
- d. N Kunjarani

With which sport are Maana Patel, Saloni Dalal, Richa Mishra associated?

- a. Boxing
- b. Swimming
- c. Shooting d. Basketball

OO. Who is the only athlete in • Olympic history to participate in 8 Winter Olympics?

- a. Nathan Chen
- b. Sven Kramer c. Noriaki Kasai
- d. Wu Dajing
- SWERS: 1 a. Grand Slam 2. a. When it has crossed the goal or touchline on the ground 3. b. Chennai 4. a. Peter Sampras
- 5. b. 69 6. a. Rahul Dravid
- 7. a. Viswanathan Anand 8. b. Swimming 9. c. Noriaki Kasai