BENNETT, COLEMAN & CO. LTD. | ESTABLISHED 1838 | TIMESOFINDIA.COM | NEW DELHI



CLICK HERE: PAGE 1 AND 2



principle

ENVIRONMENT

Climate clock reset shows the world is a year closer to 1.5 C warming

lobal carbon dioxide emissions are expected to increase to almost 2019 levels this year, upending last year's unprecedented drop caused by Covid-19 lockdowns. This means that emissions are trending upwards again, when they should be in rapid decline if we are to meet the goal of limiting global warming to 1.5 C above pre-industrial levels. The Climate Clock created in 2015 shows how quickly we



are approaching 1.5 C, the lower limit of the Paris Agreement global temperature goal and a consequential threshold for climate impacts.

The clock tracks global emissions and temperature data, and uses the most recent five-year emissions trend to estimate how much time is left until global warming reaches the 1.5 C threshold. The new estimate of 2021 emissions removes almost a year from the countdown, which means that we are now only a little more than 10 years from 1.5 C

HONOUR

Sangva Malla named 2021 UN Woman

CBSE issues guidelines for classes X & XII offline Term 1 exams

The Central Board of Secondary Education (CBSE) has issued detailed guidelines to conduct offline Term 1 examinations for classes X and XII

Examinations for class XII will commence on November 16 whereas those for class X begins on November 17. Physical offline examinations will be conducted for 19 subjects in class XII and 9 subjects for students in class X

THE GUIDELINES

The circular from CBSE said that the Board will supply customised OMR (optical mark reader) answer sheets to examination centres having details of the students permitted to take those exams

The CBSE has finalised its all new OMR sheets for its Term-1 exams, hich will consist of multiple choice questions. A total of 36 lakh class X and XII students will be appearing for



The exams will commence at 11:30am instead of the usual 10:30am, given the winter schedule, and will be held for 90 minutes with an additional time of a half hour

the exams this year Each paper in the Term 1 exams y have a maximum of 60 questions with selves well with the OMR 90 minutes duration. Students have

to mark their answers on the OMR sheets only with pens Schools may download the OMR sheet in advance as per the schedule given in the guidelines, said the letter Schools are requested that based on the information provided by the CBSE, practice sessions may be organised for the students, it added Prior to the practice sessions, teachers must also acquaint them

Former external affairs minister Sushma Swaraj awarded Padma Vibhushan



ormer external affairs minis ter Sushma Swaraj was conferred with the Padma Vibhushan award posthumously on Monday. President Ram Nath Kovind presented the Padma Awards in the Rashtrapati Bhawan. Sushma Swaraj's daughter Bansuri Swaraj received the award on her behalf. Sushma Swaraj served as a minister in all the governments headed by Atal Bihari Vajpayee and held various portfolios. She was the external affairs minister in the previous BJPled government and was the first woman CM of Delhi for a brief period

The Padma Awards are one of the highest civilian honours of India announced annually on the eve of Republic Day The Awards are given in three categories: Padma Vibhushan (for exceptional and distinguished service), Padma Bhushan (distinguished service of higher

Police Officer of the Year

Nepalese peacekeeper serving in the Democratic Republic of the Congo (DRC) was named the recipient of the 2021 UN Woman Police Officer of the Year. Superintendent Sangya Malla with the UN mission in the country, MONUSCO, is chief of its Police Health and Environment Unit, based in the capital, Kinshasa.

Malla, a medical professional by training, helped establish the unit, which is responsible for implementing policies and procedures concerning the health and well-being of personnel as well as UN Police environmental initiatives.

Her contributions have been especially important during the ongoing Covid-19 pandemic, past Ebola outbreaks, and natural and humanitarian crises such as the volcanic eruption in the city of Goma last May

SPORTS

Novak is No 1 for a record seventh year

ovak Djokovic of Serbia made history by securing the year-end No 1 ATP ranking for a record seventh time, breaking the tie with American legend Pete Sampras. Djokovic, who has won three majors this year -Australian Open, French Open and Wimbledon, though he missed out on the US Open title after losing to Russian Daniil Medvedev in the final defeating Poland's Hubert Hurkacz in Saturday's Rolex Paris Masters semifinals to eclipse Sampras's record.

Diokovic broke a tie with

Sampras, who completed six straight year-end No 1 finishes between 1993 and 98. The Serbian has now achieved the feat in seven of the past 11 seasons (also 2011-12, 2014-15, 2018 and 2020)

order) and Padma Shri (distinguished service)

Longest lunar eclipse of this century will take place on November 19

stronomers and amateur skywatchers will get to see the longest lunar eclipse of this century this month. On November 19 (Kartik Purnima), the Earth will pass between the sun and the Moon, creating a shadow on the Moon's surface. The near-total lunar eclipse will peak just after 1:30pm IST, when the Earth will hide 97 per cent of the full moon from the sun's rays, said NASA. During this spectacular celestial event, the moon will acquire a reddish hue. It will be visible in some parts of India.

►NASA said the lunar eclipse will last 3 hours, 28 minutes, and 23 seconds, which would be longer than any other eclipse in 100 years between 2001 and 2100 ≻The Earth will witness a total of 228 lunar eclipses in the 21st century. Mostly, there will be two lunar eclipses in a month, but there can also be three eclipses, it added

Normally, the Moon's face is illuminated by sunlight reflecting off its surface. But during a lunar eclipse, the Moon,

sun, and the Earth align in a straight line. The Earth blocks the sunlight from reaching the moon and thus, the lunar object appears eaten from Earth

Five years after note ban, cash in use now at record 14.5% of GDP

he ratio of currency in circulation as a proportion of GDP touched a new high of 14.5% for fiscal 2020-21. The surge came as the pandemic increased the demand for cash and shrunk the GDP. At the same time, the surge in every form of digital pay-

ments continues on the fifth anniversary of demonetisation - whether it is Unified Payments Interface (UPI), credit and debit cards or FASTag - demonstrating that the shift to digital as well as cash intensity are not mutually exclusive. The post-pandemic increase in currency in circulation has been a global phenomenon, described as a 'dash to cash' under extreme uncertainty. This has been experienced by the US, Spain, Italy, Germany, France, Brazil, Russia and Turkey. Meanwhile, digital payments are nearly three times what they were in FY18. The Reserve Bank of India's digital payments index, which has 2018 as the base year at 100, has risen to 270. This index also captures the spread of digital, taking into account growth in the payments infrastructure.

Of the four key objectives of demonetisation, India appears to have done well on three. There has been a rise in digital transactions. Besides this, there has also been a drop in fake currencies. Counterfeit notes detected continued to fall from 310,000 in FY19 to 290.000 in FY20 and 200.000 in FY21. There are also indications that the economy is getting more formalised



Ducati unveils its 'most advanced' E-SCOOTER

Italian motorcycle brand Ducati has unveiled its most advanced electric scooter yet, the Ducati Pro-III escooter at \$924. *The vehicle is* switched on using innovative NFC *technology, the* contactless connection method...

PRO-III is equipped with a token to start the scooter sim- equipped with a USB port that ply by bringing it close to the display, allowing the use of the smartphone or other devices vehicle only to the owner in possession of the chip

The riding experience is made even safer by the 10inch wheels with anti-puncture tubeless tyres, the braking system consisting of double front and rear disc brakes and the powerful LED lights that allow to see even in low light conditions and at night

The frame is made up of magnesium alloy, and the vehicle weighs a maximum of 100kg

The scooter's display is allows you to recharge the while in use

The Pro-III has a 350W motor that can provide a top speed of 15.5 mph, which is far below the 150 mph top speeds Ducati claims it can achieve in its motorcycles. The Pro-III has a 468 Wh battery pack with a range of 31 miles

The integrated app, available on both Android and iOS, allows the owner to constantly monitor the performance of the vehicle and its location



You don't have to see the whole staircase. Just take the first step.

-Martin Luther King Jr

FOCUS. LEARN. MASTER

TUESDAY, NOVEMBER 9, 2021

GAUGE YOUR STRENGTH **IN POLITICAL SCIENCE**

CLASS: XII - 2021-22

SUBJECT:

POLITICAL SCIENCE (CBSE)

Maximum Marks: 40

'communal zones' during the parti-

tion violence were

[1]

[1]

GENERAL INSTRUCTIONS

There are 40 questions and all are compulsory.

SECTION-A

Q1. Which of the following statements does not reflect the objectives of NAM? a) To enable newly decolonized countries to pursue independent policies.[1] b) Not to join any military alliancesc) To follow a policy of neutrality on global issues.

d) To focus on elimination of global economic inequalities.

Q2. The high point of the Cold War was [1]

a) Cuban Missile Crisis b) Atomic bomb attack on Hiroshima and Nagasaki

c) Establishment of SEATO and CEN-TO d) Establishment of NATO

Q3. Which set of the countries belonged to the NATO Group? [1] a) Poland, Britain, Romania b) USA, Czech Republic, France c) Britain, France, West Germany d) Spain, France, East Germany **Q4.** Which of the following statements about the NIEO is false? [1] a) Obtain access to Western markets **b)** Reduce the cost of technology from the Western countries c) Give the LDCs control over their natural resources d)Provide the developed countries with a greater role in in-

ternational economic institutions **Q5.** Addressing the 18th

NAM summit, India strongly criticized the [1]

a) Cooperation **b**) Globalization c) Unity d) Terrorism **Q6.** Which of them is not a founder

state assets and corporate ownership patterns were to be immediately brought in

Why has the process of transition been described painful?

cratic capitalist system. Privatization of

a) The transition has been described as painful because it underlined the collapse of communism which was followed by a shift from an authoritarian socialist system to a democratic system.

b) The transition has been described as painful because it underlined the upliftment of communism which was followed by a shift from a democratic system to an authoritarian system

c) The transition has been described as painful because it underlined the collapse of democracy. d) The transition has been described as

painful because it underlined the upliftment of authoritarian system **Q11.** Which political system existed be-fore the transition? [1]

a) Communist political system

b) An authoritarian political system c) Democratic political system d) Socialist- Intellectual system

Q12. What does privatization imply?[1] a) A reduction in state planning and it encourages private ownership of property and means of production.

b) An increase in state planning and it encourages public ownership of property and means of production.

c) Privatization means absolute control of private property.

d) No change in state planning and keeping strategies as they are. Q13. In which year did Gorbachev turn

out to be General Secretary of the Communist Party of USSR? [1]a) 1985

- **b**) 1990 c) 1987
- **d)** 1989
- Q14. USA launched 'Operation Enduring Freedom' and attacked Al- Qaeda in [1]
- a) Afghanistan b) Pakistan

c) Iraq

d) Russia



on the same land increased crop production and its variety. [1] Reason (R): The introduction of highvielding varieties of seeds and the increased use of chemical fertilizers and irrigation led to the increase in production.

PRACTICE PAPER SET BY SHIPRA, UDGAM SCHOOL FOR CHILDREN, AHMEDABAD

Q19. Assertion (A): The States of Maharashtra and Gujarat were created in 1960. Reason (R): Sardar Vallabhbhai Patel was the first Home Minister of India. **Q20.** Assertion (A): The Peasantry in Telangana were the main victims of Nizam's oppressive rule; so, they were against his rule. **Reason (R):** Nizam of Hyderabad 'Saddam Ali Khan' followed oppressive policies against the masses

A) Mapping of bound- aries of religious grounds	l) Pakistan and Bangladesh grounds
B) Mapping of bound- aries on grounds of dif- ferent language	ll) India and Pakistan
C) Demarcating within a country on administra- tive and political grounds	III) Jharkhand and Chhattisgarh
D) Demarcating within a country on geographical zone	IV) Himachal Pradesh and Uttarakhand
) A-I, B-II, C-IV, D- II) A- IV, B- II, C-III, D) A- I, B- IV, C- II, D-	I - IV III
 A-II, B-I, C-IV, D-III A-I, B-II, C-IV, D- II A- IV, B- II, C-IVI, D- II A- IV, B- IV, C- II, D- A- I, B- IV, C- II, D- 22. Match the follo A) Mapping of bound- 	I - IV III
 A-I, B-II, C-IV, D- II A- IV, B- II, C-III, D- A- I, B- IV, C- II, D- 22. Match the follo A) Mapping of boundaries of religious grounds B) Mapping of bound- 	I IV III owing: I) Pakistan and Bangladesh grounds II) India and
 A-I, B-II, C-IV, D- II A- IV, B- II, C-III, D- A- I, B- IV, C- II, D- A- I, B- IV, C- II, D- 22. Match the follo A) Mapping of boundaries of religious grounds 	I IV III owing: I) Pakistan and Bangladesh grounds
 A-I, B-II, C-IV, D- II A- IV, B- II, C-III, D- A- I, B- IV, C- II, D- 22. Match the follo A) Mapping of boundaries of religious grounds B) Mapping of boundaries on grounds of dif- 	I IV III owing: I) Pakistan and Bangladesh grounds II) India and

d) A-IV, B-II, C-III, D-I **Q23.** Select the correct option. When was the McMahon Line decided? a) 1916 **b)** 1961 **c)** 1915 **d**) 1914 Q24. The Shimla Agreement was signed between these two countries. [1] a) China & India b) Tibet & India

c) Pakistan & India d) Bangladesh & India

Q25. Bangladesh emerged as an inde-[1]

- pendent nation in: **a)** January 1972
- b) December 1971
- c) March 1971 d) November 1971

given statements:

Q26. Expand NEFA a) North-Eastern Frontline Agency

b) North-Eastern Frontier Agency c) North-Eastern Frontline Agreement d) North-Eastern Frontier Alliance **Q27.** Choose the correct option for the

d) E [1] **Q**3 A) Non-alignment allowed India to gain qua assistance both from U.S.A. and U.S.S.R. a) (

a) Lahore, Amritsar, and
Calcutta.
b) Kashmir, Lucknow, and
Allahabad.
c) Madras, Hyderabad
and Mysore.
d) Delhi, Mumbai, and
Gwalior.
Q32. Fill in the blanks
with appropriate words:
[1]
Eventually, his voice was sim-
ply ignored and thewas
made to merge with
a) NWFP, Pakistan
b) East Bengal, Pakistan
c) East Punjab, India
d) East Punjab, Pakistan
Q33. On which date State Reorganiza-
tion Act was put into practice?
[1]
a) November 1, 1956
b) December 1, 1956
c) November 15, 1954
d) December 7, 1956
Q34. The United Nations agency con-
cerned with the improvement of stan-
dards of education and strengthening
international co-operation in this field
is: [1]
a) UNICEF
b) UNESCO
c) ILO
d) UNEF
Q35. General Assembly of the United
Nations meets in a regular session - [1]
a) Once a year
b) Twice a year
c) Once in two years
d) Occasionally
Q36. Who of the following was the
U.N.O.'s first Secretary General from the
African continent? [1]
a) Kofi Anan
b) Boutros Boutros- Ghali
c) Javier Perez de Cuellar
d) Ban ki-moon
Q37. Which of the following is the head-
quarters of IMF? [1]
a) Geneva
b) Paris

leader of the NAM? [1]
a) Gamal Abdel Nasser
b) Josip Broz Tito
c) Jawaharlal Nehru
d) Kranwie Nkrumah
Q7 . The first Gulf War was known as
[1]
a) Operation Infinite Reach
b) Operation Enduring Freedom
c) Operation Desert Storm
d) Operation Iraqi Freedom
Q8. Commonwealth of Independent
States was established in [1]
a) 1991
b) 1992
c) 1990
d) 1919
u) 1010

was a series of anti-**Q9**. government protests and uprising that took place in the Middle East and North Africa beginning in 2010 and 2011. [1] a) Arab Spring

b) Tunisian Revolution

c) Taliban Insurgencies

d) Operation Enduring Freedom

Q10. Study the passage given below carefully and answer the questions (10-12) that follow. [1]

The Collapse of communism was followed in most of these countries by a painful process of transition from an authoritarian socialist system to a demoQ15. The questions (15-20) consist of an assertion and a reason. Use the following key to choose the appropriate answer.

a) Both A and R are true, and R is the correct explanation of A. b) Both A and R are true, but R is not the correct explanation of A.

c) A is true but R is false. d) A is false but R is true.

Assertion (A): Left parties in India believed in the ideologies of Marxism, Socialism, Maoism, Egalitarian society, state ownership and pro-poor programs. Reason (R): In 1950 national planning committee of the Indian National Congress was set up with Jawaharlal Nehru as its chairman.

Q16. Assertion (A): The first five-year plan, which commenced in 1940, was drafted by K.N Raj. Reason (R): The objectives of planning

are to make the economy self- reliant and plan strategies and to activate distributive justice among various sections. Q17. Assertion (A): Since 1947, the gov-

ernment is paving more attention to economic development. [1] Reason (R): For this, many modifications and improvements are made in this

process. **Q18. Assertion (A):** Growing two crops B) India's relationship with her neighbors has been strained from the begin-

ning **C)** The Cold War has affected the relationship between India and Pakistan. **D)** The treaty of Peace and Friendship in 1971 was the result of India's closeness to the U.S.A. a) A- True, B- False, C- True, D- False b) A- True, B- True, C- True, D- False c) A- False, B- True, C- True, D- False d) A- True, B- True, C- False, D- False Q28. Who accompanied the Tibetan spiritual leader Dalai Lama during the official Chinese visit to India in 1956? [1] a) Hua Guofeng b) Zhao Ziyang c) Zhou Enlai d) Li Peng Q29. Indian foreign policy is affected bv: [1] a) Cultural factors **b)** Domestic factors c) International factors d) Domestic and International factors Q30. Which state was not created in 2000? [1] a) Jharkhand **b)** Chhattisgarh c) Uttaranchal **d)** Telangana

Q31. The Cities that were divided into

b) E c) Washington d) Hague Q38. Which of the following is world's center for co-operation in the nuclear field? [1] a) IEAA b) CTBTO c) IAEA d) INEA Q39. Where is the Headquarter of "UN-ESCO"? [1] a) Geneva **b**) Rome c) Washington d) Paris Q40. Under whom recommendations the UN General Assembly suspends the UN membership? [1]a) International Court of Justice b) Security Council c) International Court of Justice and Security Council d) All the above

These questions are meant for practice purpose only. Students are advised to check format, syllabus and marks for Board test papers with their teachers. Questions have been given by teachers and NIE is not responsible for them

MY SCHOOL PROJECT TESLA COIL

TECH ADVANCES

The world of wireless technology is here. Innumerable wireless applications like wireless powered lighting, wireless smart homes, wireless charges and so on have been developed with the advances made in wireless technology. One such great invention is a Tesla Coil.

Invented about 100 years ago by Nikola Tesla, a Tesla coil is a radio frequency oscillator that drives the air core double tuned resonant transformers to produce high voltages with low currents. Nikola invented this Tesla coil with the intention of transmitting electricity through air.

WORKING PRINCIPLE

he principle behind the working of this is the Faraday's Law of Magnetic Induction. This law states that "the induced electromotive forces in any closed circuit are equal to the nega-

> tive of the time rate of change of magnetic flux enclosed by the cir-

> > cuit".

COMPONENTS USED

RESISTOR

Aresistor opposes a flowing cur-Arent. Every conductor has certain resistance, if one applies a potential difference V at the terminals of a resistor, the current I passing through it is given by: I = V/R (Ohm's law) A 22k Ohm resistor is used in this project.

TRANSISTOR

transistor is a type of a semicon-Aductor device that can be used to both conduct and insulate electric current or voltage. It basically acts as a switch and an amplifier. In simple words, we can say that a transistor is a miniature device that is used to control or regulate the flow of electronic signals. A 2N2222A transistor is used in this project.

PRIMARY COIL

This is made up of copper wire with 250+ turns. This is the coil where the current due to varying magnetic field is induced.



ERCUIT DAGRAM

SECONDARY COIL

This is made up of insulated copper wire with 3 turns. This is the coil from which the varying magnetic field is produced.

BATTERY

An electrical battery is a device Aconsisting of one or more electrochemical cells that convert stored chemical energy into electrical energy. We used a 9v battery.

CONNECTING WIRES

HOW WE WENT ABOUT IT

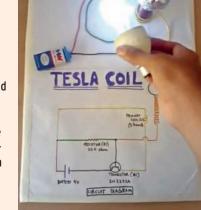
his project was done in the times of COVID-19 pandemic, when we were restricted to limited resources. Keeping the idea of creating wealth out of waste, we used things we could find at home like an old light bulb, some used cardboard, unused copper wires and other materials to make our project. Due to the lockdown we couldn't meet each other to make this project, therefore Nishanth S (XII A) made the model and I, Ashrith Kumar (XII B) did the

research, theory part and explanation. We presented our project to Baishali Garai, assistant professor at Dayananda Sagar University at the event Einstein's Backyard conducted by our school, Delhi Public School, Whitefield under the supervision of our

Science HOD Sumana Sinha Das.

Ashrith Y Kumar, class XII-B & Nishanth Satish, class XII-A, DPS, Whitefield, Bengaluru





CLICK HERE: PAGE 3 AND 4

SCHOOL IS COOL

TUESDAY, NOVEMBER 9, 2021

It's not just a place where you get to learn Einstein's Theory of Relativity. It's also a place where you can think beyond the classroom. Hence we say, SCHOOL IS COOL!

03

A visit to the school for the blind

reat opportunities to help others seldom come, but small ones surround us every day. The purpose of life is to contribute in some way to make his world a better place.

CCA, Sector 4 Gurugram believes that a happy and fulfilling life includes being a part of the close-knit community where we can share, care, help and support the people we care about. The students of class V visited the Captain Chandan Lal Special School for the Blind, along with four teachers. This school is located in



Beherampur in Gurugram. There are 110 students in the hostel of the School for the Blind, from Rajasthan, UP, Bihar, Delhi etc. The school runs on charity and has

classes up to 8. The admission here is on the basis of an interview. Some teachers in the school are also blind.

A collection of books and cash

were presented to the school authorities. The teachers and students of CCA also visited their classrooms, dining hall, resource room and the computer lab. In the music room, the students played the harmonium and sang the songaa chal ke tujhe, mai le ke

chalun...which was mesmerizing. It was a touching experience for our students and teachers. They expressed that they had under-

stood how powerful the will power of a person can be. The students at the hostel were so happy and energetic. The children there, are definitely an inspiration for all of us.

Technophilia 2.0 held at MMS

Interact Club organises

painting workshop in slums

virtual digital venture, an array of interschool live and online events Technophilia 2.0 was held at Mamta Modern Vikaspuri from October 13 - October 27. The event saw a participation of more than 100 schools and approximately 2000 students pan India. The closing ceremony was graced by the auspicious presence of Dr. Joseph Emmanuel (Director, CBSE Academics). The closing ceremony was initiated by address 11 of the chief guest. It was followed by inaugurating the event in a technical way by showcasing "Sarvdharm" in scratch

software. The primary students of

Mamta Modern School also developed

a Smart Home AI enabled solution in

Pictoblox. The event Coordinator and the President of Technophilia club thanked all the young innovators from the participant schools for making this event a big success.

The ceremony showcased all the glimpses of the event, and concluded with the result declaration for all the events.

Air Force Day Celebration at DAV

he students of DAV Public school, Sreshtha Vihar Class IV paid salute to Indian Air force by making beautiful poster depicting salute and jai hind to Indian Air Force, with drawing showing small jet planes flying in the sky. The students enjoyed by making small jet planes.

The students were told about the history and achievement of Indian Air force. Students were told about Sukhoi Su-30, the crown jewel landed at national highway in Rajasthan.

The main aim to raise awareness among the students about IAF as an



organization that works towards strengthening national security. School Principal Suhasini K.Nath really appreciated the efforts done by the students.

Aryan bags 2 gold medals DELH/STATE ROLLERSF

vyan Goel, a student of class II at Modern Public School, Shalimar Bagh, won 2

gold medals in 5-7 age group (boys- guad skates) in 48th Delhi State Roller Skate Championship 2021 conducted by Delhi Skating Association (DSA) (affiliated with Roller Skating Federation of India (RSFI)) at ISKATE Centre, Bawana Delhi. Avyan Goel participated in 2 lap and 3 lap quad rink races



and won gold medals in both the races. Avyan started skating at the age of 4 years at Major Dhyan Chand Sports Complex, Ashok Vihar. On the basis of points scored in the State level Championship, the top scorers will be eligible to participate in National Roller Skating Championship (likely to be held in December 2021).

elhi Herita ge School believes n spreading happiness and inculcating benevolence amongst its students .The Interact Club of Delhi Heritage School Rohini sponsored by Rotary Club of Delhi Uptown, District 3012 is working hard to achieve

the motto 'serve to change lives'. Each little effort contributes in a large way towards helping the society. Young Interactors of the School takeup meaningful projects that help the under privileged find moments & reason to smile.

After grand success of 'Feeding the Stray Animals', the students of DHS organized a painting workshop for the children of nearby slums. Many children had a creative and beautiful Sunday morning, depicting their tal-



ent on paper with colours.

The students distributed sanitizers, refreshments and then began the joyous hour. Attractive certificates and prizes were given away.

It was a very successful project, enjoyed equally by the organizers and participants. The Head of School, Vibha Gupta and President of Rotary Club of Delhi Uptown V.K Gupta congratulated the student for their endeavour and encouraged them to take up more such programs.



KAKASANA

Benefits:

• Strengthens core muscles Strengthens your arms







RAJNANDINI, class XI B, agore international school, Vasant Vihar

GIS basketball team shines in zonal competition

alent wins games, but teamwork and intelligence win championships. With this ideology, Ganga International School, Hiran Kudna shined again by winning Zonal Basketball Championship. Our zealous team Under 19 as well as



Under 17 secured gold and silver medals respectively in the Zonal Competition held at St. Froebel School, Paschim Vihar.

Excelling in sports and establishing new benchmarks have been the tradition of GIS. The school management and mentors including Dr. Sushil Kumar Gupta, Bharat Gupta, **Director Colonel Ashok Kaul** and Principal Swati Joshi applauded the grit and dedication of the players and wished them success in their future prospects.

Adrenaline rush & creativity at its peak

PSG. Palam Vihar has always been known for its enthusiasm towards extra-curricular activities. Recently, the school organised multiple arts and sports competitions for students of the VI to XII standard. Each of these was an inter-house competition, and the purpose was to keep the competitive spirit alive among students.

Categories had been decided as per classes. Students from VI

to VIII participated in category 1, while those from IX to XII participated in category 2.

The Ganga house boys stole the thunder in the category 1 volleyball competition, while the runners-up were Kaveri house boys.

Ganga house won the first prize in category 1 while Yamuna House bagged first position in category 2 in the greeting card making competition using their exemplary creative skills.

On the other hand, Yamuna house secured first position in Rangoli making competition in both the categories. In Basketball competition Kaveri House bagged 1st position category 1 both for boys and girls and in category 2 the 1st position was secured by Yamuna House girls and Kaveri House boys.

The school Principal, Srividhya Sridhar congratulated the winners and gave away the prizes and certificates.

(Crow Pose)

akasana is one of the balancing poses from the ancient Hatha yoga. It is now practiced by modern yoga enthusiasts too. It helps to calm our mind in a busy world and brings us to a state of subtility for a period of time.

There are a few preparatory poses one must do before attempting Kakasana:

Surya namaskar Cardio workout Any warm up exercise

The steps for Kakasana:

- 1. Sit comfortably on a voga mat in Malasana (Squat or garland pose), with feet flat on the around.
- Place your hands forward, at a 2. distance from your legs
- 3. Lift your hips, and body on your toes
- Slowly, shift your body weight 4. on to your hands
- Try to balance, while lifting one 5. leg first. Now, try to balance lifting both 6.
- the legs. Hold the pose and then slowly 7.
- revert back to squat pose Kakasana By Mihira Zado 8. Lie down for about 10-15 minutes

Helps in concentration and improves balancing

Precautions:

- Use a pillow while practicing Kakasana.
- Do not spread out your arms much so that you don't hurt yourself.
- Try to not look back at your heels, it can unbalance your body.



MAHIMA ZADE class IX Elegant, **Blue Ridge Public** School, Hinjewadi, Pune

Yoga should be practiced under the supervision of Yoga Guru. The views expressed in the above article are those of the author and the ne

Because Humans Can Be Demigods

ick Russel Riordan, born on June 5, 1964, is best known as the author of the internationally acclaimed series - Percy Jackson and The Olympians.

This series became little Sindhura's obsession and stayed throughout middle school. These books transported this young teen to the world of Greek gods, heroes, love, and camaraderie. For someone like me who thrives on the many worlds of fantasy I cooked up in my head, this was the perfect series!

As I grew older, the series started losing its appeal, as is expected of one meant for children.

Some years later - I picked up the books once again, for the sake of nostalgia and fell in love with them all over again, this time for completely different reasons. The author has managed to write

something that very few others have accomplished-diversity of characters.

Riordan tells stories of a cross section of people - there are people of colour, people with disabilities,

transgenders, and other such identities. His books break down the many stigmas surrounding these people. To be able to see people like them doing heroic things, owning their identities, and being loved by everyone gives so much hope to all the young readers.

As a cisgender, heterosexual white man, any misrepresentation could have called for severe backlash, yet each issue, each minority was well written and I respect him for that.

Thus, Rick Riordan became my favourite author. Someone to look up to..

SIRI SINDHURA RAJYAM. **SPIRING ICONS** class XII,

The Kalyani School, Pune



RICK RIORDAN

Ultimately, one excels only at the things one truly enjoys and is willing to work hard at. Aditi Chauhan, Indian footballer

SIMPLY SPORTS

TUESDAY, NOVEMBER 9, 2021

ICC T20 WORLD CUP 2021

Former WC winning captain says responsibility of BCCI to plan tournaments better



ning former India captain Kapil Dev bethe lieves country's cricketers prioritise IPL" over national asignments and the onus is on the BCCI to make better schedules to avoid the "mistakes" committed during the ongoing T20 World Cup. India failed to make it to the semifinals of the ICC event, paying heavily for the back-to-back early losses in

orld

the Super 12 stage. New Zealand clinched the last available semifinal spot to knock Virat Kohli's men out of the tournament.

Cup-win-



The event did, however, end very close to the T20 World Cup this year because of the schedul-Kapil Dev ing issues created by the COVID-19 pandemic.

"...I feel that first in line should be the country's team and then franchises. I'm not saying do not play cricket there (IPL), but

62-year-old former cap-

tain said but did not

dwell on the specific

reason for his state-

ment as the IPL has

not clashed with any

oalkeeper

beaten run. A 3-2 victory Sunday

allowed West Ham to dislodge Liv-

erpool from third place in the Pre-

mier League, extending an im-

pressive start to the season for

corner to go through his hands in

the fourth minute. After Trent

Alexander-Arnold equalized at the

end of the first half, Jarrod Bowen

ran at the Liverpool defense be-

fore slipping the ball to Fornals

whose shot was helped into the

net by Alisson's weak touch. An-

other assist came from Bowen in

the 74th when a corner was head-

ed in by Kurt Zouma through Alis-

Alisson flapped in the air to

David Moyes' side.

son's raised hands.

Becker helped West

Ham score three

goals, and end Liver-

pool's 25-game un-

India matches

NEEDED A BREAK

India pacer Jasprit Bumrah and outgoing bowling coach Bharat Arun had highlighted the issue of mental fatigue for players who have been on the road for close to six months since the IPL began in April. Both had said that a break was perhaps needed after the league's

second leg that ended on October 15 in the UAE, little over a week before India's first World Cup match. Arun said that bubble fatigue contributed to the team's indifferent performance. India had lost their first two games to Pakistan and New Zealand.

Kapil also said there should

STUNNED BY WE

Alisson

allow Pablo Fornals' inswinging ter finishing sixth last season for

Photo: AFP

in 1999.

away. It's not that since the World Cup is over, the Indian team's entire cricket is also over. Go and plan," said the 1983 ODI World Cup winning all-rounder. "I just feel that there should have been some gap between IPL and the World Cup. But this is certainly there that our players today have a lot of exposure but they could not make the most of it.'

It is the first time since 2012 that India made an early exit from an ICC event and Kapil said "everyone should take ownership of the loss. ...They (top players) have done well in their careers but if you don't do well, you will face criticism... Ravi Shastri, Virat Kohli have good track records but if you don't win ICC events, it will hurt them

NO FEARLESS CRICKET IN ICC EVENTS

ndia doesn't play "fearless" brand of cricket in ICC events, feels former England captain Nasser Hussain, and said absence of an alternate plan and selection issues were the reasons for the team's early exit from the T20 World Cup. "You have got to go out and express yourself. They (India) have got so much talent. That may be the only thing that's holding India back in ICC events," Hussain said. "They don't quite play the fearless brand of cricket that they deserve to because they are so talented."

"I had them (India) as favourites. They had been playing IPL here, are a star-studded side. They got a setback in that first game. The way Shaheen Afridi bowled in the powerplay, those two deliveries that Rohit and Rahul got would have got a lot of great cricketers out. "That's sometimes the problem with the Indian side. They are so good at the top, some of the middle-order don't get much of a hit and suddenly you need a Plan B and that was found wanting."

ormer New Zealand pacer Simon Doull said, "India had to be at their best from the start and they weren't. Having been in these conditions for the last month and a half, you might have thought they'd adapted better. But you can't take away anything from Pakistan. They were brilliant. India slipped and then New Zealand were outstanding. "If you are below your best against top-quality sides you'll get found out and they were."

"When players prioritise IPL over playing for the country, what can we say? Players should take pride in playing for their nation. I don't know their financial condition

the responsibility is now on the BCCI to plan its cricket better. To not repeat mistakes we committed in this tournament is the biggest learning for us," he added.

have been a gap between the second leg of the IPL and the T20 World Cup. "It's time to look at the future. You should start planning right

25-game unbeaten run comes to an end after 7 months

Although Divock Origi pulled

one back, scoring on the turn, Liv-

erpool couldn't find another goal

to avoid a first loss in any compe-

tition since being knocked out of

the Champions League last season

by Real Madrid in April. It's even

since the 2020 champions lost in

points behind leader Chelsea af-

a highest finish since being fifth

ebrate at West Ham, especially in

the five years since moving into

the stadium at the centerpiece of

the 2012 Olympics. But the team,

whose highest top-tier league fin-

ish was third in 1986, is looking

like title contenders two years af-

ter Moyes took charge of a team a

point above the relegation zone. AP

West Ham is now only three

There hasn't been much to cel-

further back _ into February

the Premier League.



OTHER MATCHES

• Arsenal moved up to fifth after Emile

Smith Rowe clinched a 1-0 victory over

Watford to go 10 matches unbeaten in

all competitions after opening the

Premier League with three losses.

• A new manager hasn't resolved

Tottenham's attacking struggles in the

league. Antonio Conte saw Tottenham

fail to register a single shot on target

Everton is in 11th place and Tottenham

• A curling finish from Harvey Barnes

secured a 1-1 draw for Leicester at

Leeds, canceling out Raphinha's free

kick. Midtable Leicester has 15 points,

on another lackluster day for Harry

Kane in a 0-0 draw with Everton.

is two places better off.

four more than Leeds.

'HATERS' WILL APPRECIATE DJOKOVIC AFTER HE **RETIRES: MEDVEDEV**

orld number one No vak Djokovic may not enjoy the same kind of adulation as Roger Federer or Rafa Nadal but even the "real haters" will come to appreciate his records and achievements after he retires, Daniil Medvedev said. Djokovic avenged his US

Open final loss to Medvedev by winning a record-extending sixth title in Paris and a record 37th Masters title, fighting back from a set down to win 4-6 6-3 6-3. He also sealed the year-end world number one spot for a record seventh time to move ahead of American great Pete Sampras.



Medvedev had denied Djokovic a record-breaking 21st Grand Slam singles title at Flushing Meadows, and a calendar slam, and the Russian said he knew the Serb would be gunning for him. REUTERS

same (with Djokovic),' Medvedev told reporters. "That's when people are going to start to say 'Okay, that's amazing what he has done.'

7 . Which female tennis player was with for 17 years, where he won QUIZ TIME has won the highest 25 trophies. Name the club. number of Grand Slams? a. Benfica b. Barcelona 01. How many team members country? a. Serena Williams c. Real Madrid d. Esponyol a. Switzerland b. Maria Sharapova • are there in each team of an b. Canada Xavi ice hockey game? c. Margaret Court Hernández c. England a. 6 d. Martina Navratilova d. France b. 8 c. 10 Tiger Woods won his first d. 12 **†.** major in over a decade at

Which South African Cricketer announced retirement from all forms of cricket? a. Faf du Plessis

Pablo Fornals

- b. Quinton de Kock
- c. Dale Steyn
- d. Lungi Ngidi

which 2019 tournament?

- a. The US Open (Golf) b. The Open Championship
- c. The Masters
- d. PGA Championship

5. Xavi Hernandez has returned as head coach to the club he



Q6. The National Football Museum, which keeps FIFA collection is located in which

Q7: Which former captain was named head coach of Indian men's cricket team? a. Rahul Dravid b. Anil Kumble

- c. Sachin Tendulkar
- d. V V S Laxman

O. When is the ball considered out of play in football?

a. When it has crossed the goal or touchline on the ground

- b. When the referee starts the game.
- c. When a player heads it
- d. When it is a bicycle kick

Q9: Where was the first Ranji Trophy match played?

SWERS: 1. a. 6 2. c. Dale Steyn

- a. Mumbai b. Chennai c. Kolkata

d. Bangalore

- - 3. c. Margaret Court 4. c. The Masters
 - 5. b. Barcelona 6. c. England
 - 7. a. Rahul Dravid
 - 8. a. When it has crossed the goal or
 - touchline on the ground 9. b. Chennai

"Ten years after he retires, there are going to be people who will start watching tennis just like me. I didn't see Sampras play, I was too young but I heard he was amazing — it's going to be the