



THE TIMES OF INDIA

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TODAY'S EDITION

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STUDENT EDITION
MONDAY, FEBRUARY 21, 2022

HERE'S HOW STUDENTS CAN EASE INTO ROUTINE WITH HELP FROM ELDERS

- 1 Follow a schedule (sleep time and wake up time); Make sure you have sound sleep
- 2 Less screen time. Watch screen habits
- 3 Time for outdoor games
- 4 Practise pause after every period or two
- 5 Short breaks instead of long breaks in school
- 6 Elders need to ensure that they do not 'helicopter' children
- 7 Teachers need to be patient and correct the 'pandemic life' slowly
- 8 Teachers and parents need to be role models, and give children time to ease into pre-Covid regimen

(As suggested by Smita Ghosh, psychologist and happiness coach, Dr Prashant Bhimani, senior psychiatrist)

CLICK HERE: PAGE 1 AND 2

Covid-19: Return to classroom BRINGS NEW CHALLENGES

Ragini.Bharadwaj@timesgroup.com

After nearly two years of hybrid learning (mostly online), as schools open up in many states across India, children, parents and teachers are facing the biggest challenge - how to bring back the pre-Covid disciplined regimen again. Everyone in the educational fraternity have been struck by the 'pandemic lifestyle' and its consequences - irregular sleeping hours, too much screen time, irregular eating habits, among others. While students are joyous of returning back to schools, they are facing a few hiccups in getting back to the old routine once again.

Asked about his experience of returning to school, a class IX student told a counsellor how his hands froze when he had to take down notes on day



1. With typing becoming a habit, he had to undergo counselling to overcome the problem.

Parents of another class VII student approached a counsellor when their daughter faced problems in school due to her irregular eating habits during the pandemic days. Parents said, once the school reopened, she had a tough time as her meal routine was highly indiscipline over the last two years. These are not isolated cases, as there are many students facing similar issues.

Teachers, looking into the transition from online to offline, said that children will have to be slowly eased into the

routine, as a lot of changes have happened and the learning gap is quite big.

Padma Kumar, principal, SGVP School, Ahmedabad, said, "These challenges are huge, and we will be following multiple strategies to deal with it. For English, maths, and science, we will initiate bridge courses that will focus on clearing the significant concepts to students."

Smita Das, principal, Sakar School, Ahmedabad, said, "Enforcing everything together will not work, so we plan to create an atmosphere wherein students are transitioned slowly into a regimen through activities."

Kamal Preet Kaur, teacher, CMS, Lucknow, said, "students will be asked to write long answers in the class itself so that they get back to the writing habit slowly."

(Names of students not taken on request)



MAJOR CHALLENGES BEING FACED BY STUDENTS

- Lack of acceptance and adjustment
- Auditory fatigue due to prolonged use of earphones and computer audio
- Eyesight issues such as dry eyes, headaches, inability to see things written on board, among others
- Feeling lethargic and sleepy in



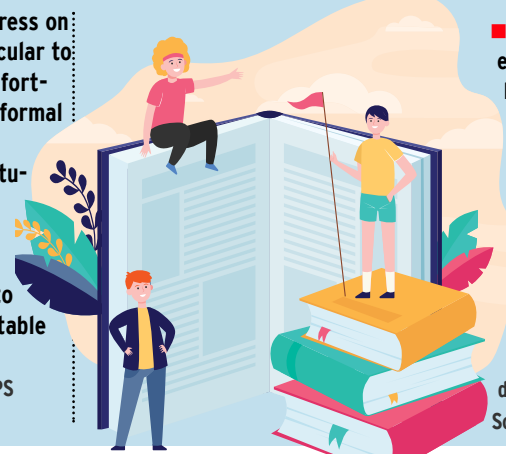
classroom owing to indiscipline in sleeping pattern

- Irregular eating habits and too much of junk food-led obesity

HOW SCHOOLS PLAN TO BRIDGE THE ONLINE-OFFLINE GAP

■ We will give more stress on activities and co-curricular to help students feel comfortable and adjust to the formal environment. Teachers are hand-holding the students to adapt and adjust. For upper primary, many fun activities will be organised to make students comfortable in classroom

SONALI SEN, principal, DPS Newtown, Kolkata



■ We need to ensure that everyone is happy and feels like studying. We are encouraging students to attend school and take it slow as per their preference - the challenge is to ensure that safety protocols are followed and learning takes place. We all are working towards this goal.

NICHOLAS CORREA, executive director, New Horizon Group of Schools, Navi Mumbai

■ Teachers should plan test series on two-three chapters with a combination of short and long questions daily. The focus at this point is sheerly to make students write and comprehend concepts in the classrooms within a stipulated time.

DEVIKA ATWAR, vice-principal, KV3 BRD, Chandigarh

(Inputs by Annie Cherian, Sugandha Indulkar and Rupa Talukdar)

Rohit Sharma crowned all-format captain

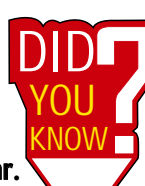
The coronation of Rohit Sharma in place of Virat Kohli as India's captain across all three formats is complete. As expected, India's chief selector Chetan Sharma on Saturday named Rohit as India's new Test captain - weeks after Kohli resigned following the series defeat in South Africa - while announcing the squads for the three T20Is against Sri Lanka and the two-Test series, against the same team, at home next month. The star opener was given the white-ball captaincy just a couple of months back. Sharma said that he considered Rohit Sharma the 'No. 1 cricketer' in the country, making it clear that the batsman will lead the team when fit.

- Pacer Jasprit Bumrah will be Rohit's deputy in both the T20I and Test series. KL Rahul, Rishabh Pant and Bumrah will be groomed as future captains under the 34-year-old's leadership, according to Chetan Sharma



Most state assemblies sit for barely 30 days a year!

After weeks and months of intense and often polarising politics and enormous amounts of money spent on campaigning and conduct of elections, most state legislatures sit for barely 30 days a year.



The states with the highest average of assembly sittings in a year over the last decade are Odisha (46) and Kerala (43), but even these are much lower than the average of 63 for the Lok Sabha.

■ Even Lok Sabha's attendance pales in comparison to national legislatures elsewhere

■ The US House of Representatives, for instance, was in session for 163 days in 2020 and 166 days in 2021 and the Senate for 192 days both years.

■ The UK House of Commons had 147 sittings in 2020, in line with its yearly average of about 155 over the previous decade. Japan's Diet, or House of



Representatives, meets 150 days a year apart from any extraordinary or special sessions.

■ In Canada, the House of Commons is to sit on 127 days this year and Germany's Bundestag, where it is mandatory for members to attend on sitting days, meet 104 days this year.

Q TIME FOR VOTERS TO MAKE IT AN ELECTORAL ISSUE? SHARE YOUR VIEWS AT TOINIE175@GMAIL.COM

80% of India's adults now fully vaccinated, 97% got 1st shot: Government

Over 80% of India's adult population is now fully vaccinated against Covid-19 with two doses of the jabs, while nearly 97% have initiated vaccination with at least first dose, indicating significant progress towards complete coverage among those above 18 years. Overall, a total of more than 175 crore doses of Covid vaccines had been administered in India till Saturday. Apart from primary (two doses) vaccination among adults, this includes 1.9 crore 'precautionary doses' or boosters given to health and frontline workers along with elderly above 60 years of age. Besides, the total administered doses also includes 7.5 crore doses given to youngsters of 15-17 years age.



Mumbai To Host International Olympic Committee Session In 2023

The International Olympic Committee (IOC) on Saturday awarded India the right to host the IOC Session in Mumbai next year. Nita Ambani, the Indian representative on the committee, described it as "a significant development for the country's Olympic aspiration". India will host the session for the first time since 1983. The session will be hosted at the state-of-the-art, brand new Jio World Convention Centre. Mumbai received a historic 99% of the votes in favour of its bid from the delegates participating in the process, with 75 members endorsing its candidature in the session held at Beijing.

Another pandemic is coming with a different virus: Gates

Philanthropist and Microsoft co-founder Bill Gates has warned that the risks of severe disease from Covid-19 may have "dramatically reduced" but another pandemic is all but certain. Speaking to a business channel, the world's fourth-richest man said that "a potential new pandemic would likely stem from a different pathogen to that of the coronavirus family," adding that advances in medical technology should help the world do a better job of fighting it - if investments are made now.

Gates, through the Bill & Melinda Gates Foundation, has partnered with the UK's Wellcome Trust to donate \$300 million to the Coalition for Epidemic Preparedness Innovations, which helped form the Covax programme to deliver vaccines to low- and middle-income countries



ORAL TRADITION



VANISHING Words

One language dies every 14 days. By the next century nearly half of the roughly 7,000 languages spoken on Earth will probably vanish, as English, Mandarin and Spanish take over native tongues

Cristina Calderón – the last living speaker of Yamana language -- died this Wednesday, aged 93. With her also died the Chilean indigenous language. She had mastered the Yamana language of the Yagan

community, and after the death of her sister in 2003 was the last person in the world who could speak it. She worked to save her knowledge by creating a dictionary of the language with transla-

tions to Spanish.

Although there are still a few dozen Yagans left, over the generations people from the community stopped learning the language, which was consid-

PRESERVATION TECHNIQUE

Researchers are currently recording and documenting some of the most critically endangered languages. Moreover, digital classrooms, podcasts, audio recordings, phone applications, and computer programmes are all available in a number of endangered languages. The idea behind this preservation technique is that the language could be reintroduced at some point in the future should a person or group of people be interested in reviving the tongue. One example of this is with the North American native language Miami, which became extinct in the 1960's. Today, it is offered as a course at the Miami University in the US state of Ohio.

ered "isolated" since it was difficult to determine the origin of its words.

LANGUAGES NEED OUR HELP

Some people argue that language loss, like species loss, is simply a fact of life on an ever-evolving planet. But if we can spend huge amounts of money protecting our biodiversity, why can't we do the same for language? Just as ecosystems provide a wealth of services for humanity, languages, too, are ripe with possibility. They contain a wealth of knowledge, including geography, zoology, mathematics, navigation, astronomy and more. When a language dies, a wide range of information is lost forever. The oral traditions of an entire culture are gone and with that, the songs, anecdotes, phrases, poems and expressions.

WORD GETS AROUND



8 TERMS TO MAKE YOU ART SMART

AVANT-GARDE

A French term that means "advance guard." It's a term that can be applied to artists and artworks as well as art movements as a whole. It is usually a stand-in phrase for art that is experimental, unusual, and forward-thinking.

Impressionism developed in France in the 19th century and is based on the practice of painting out of doors and spontaneously 'on the spot' rather than in a studio. Main impressionist subjects were landscapes and scenes of everyday life

TEXTURE

In painting, there are so many ways texture can and has been manipulated. Historic European artists created paintings with glassy, textureless surfaces. Modern painters embraced texture, whether allowing paint to seep into a surface or build up onto it. Impasto is the process or technique of thickly applying paint to a surface.

STILL LIFE

A painting or other two-dimensional work in which the subject matter is an arrangement of objects - fruit, flowers, tableware, pottery, and so forth - brought together for their pleasing contrasts of shape, colour, and texture.

SURREALISM

A painting style of the early 20th century that emphasized imagery and visions from dreams and fantasies, as well as an intuitive, spontaneous method of recording such imagery, often combining unrelated or unexpected objects in compositions.

PERFORMANCE ART

Art in which there is no concrete object, but rather a series of events performed by the artist in front of an audience, possibly including music, recitation, audio-visual presentations, or other elements.

BRUSHWORK

There is a variety of brush techniques artists have used and evolved over the centuries in order to handle and apply paint including scumbling, dragging, and stippling among others. It also refers to the size, shape and texture of the strokes.

MIXED MEDIA

An artwork in which more than one medium or material has been incorporated is described as mixed media. Assemblage and collage are popular mixed media art forms.

WHAT'S THE DIFFERENCE?

PROVERB VS ADAGE

A Proverb is a short, common saying or phrase. It particularly gives advice or shares a universal truth. Synonyms for proverb include byword, which can also be someone or something that

is the best example of a group. Following are some examples:
■ Always respect your teachers.
■ Always obey your elders.
■ Don't waste your time.
■ Never tell you any secret, even to your closest friend.

An **Adage** is also listed as a common synonym for proverb. Adages tend to be old, known for decades

If one wants to create a distinction, proverb should be used for sayings that give advice and adage for sayings that are particularly old. The main difference between adage and proverb is generally the length of the sentence, origin, and also depends on the usage. They are both traditional, and they have been in use for a very long time, and they are frequently used in a lot of places, especially during formal speeches and compositions.

or centuries, and share universal truths. Some examples:
■ A picture's worth is a thousand words.
■ No risk, no gain.
■ Good things come in small packages.



Queries relating to language skills

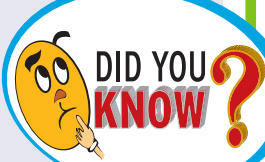
Do you find grammar confusing? Do you get stuck with words when writing a letter, an essay or a blog? Do you have a fear of public speaking? Or do you simply want to improve your communication skills? Times NIE is here to help you to master the intricacies of the English language. Just shoot us your queries on toinie175@gmail.com



THE US HAS NO OFFICIAL LANGUAGE

Despite English being the first language of many Americans – not to mention the language of business, media, and politics – it isn't actually the official language of the United States. Why? Because there isn't one: despite being the dominant language since the continent was colonized in the 1600s, it was never legally declared the national language. People in this country have been speaking languages other than English since before the founding of the republic. In fact, common languages spoken throughout the 13

colonies included Dutch, French and German, not to mention the many languages spoken by Native Americans. Before the arrival of Europeans in North America, at least 300 languages were spoken by Indigenous peoples in what is now the US and Canada. When Europeans began arriving and settling in what became the US, they of course brought their mother tongues with them.



WHY EVERYONE SHOULD LEARN SIGN LANGUAGE



ceived government backing. Here are 5 reasons why learning some sign language might benefit us all:

It teaches cultural diversity: In a year-long study of preschool children by Amy Brereton at Trinity Washington University in Washington DC, hearing children who were learning ASL attained a greater appreciation of cultural diversity, as determined via classroom observations and interviews.

Gives your brain a good workout: Learning Sign Language provides all the same benefits of learning a foreign language. Bilingualism of any languages (whether signed or spoken) is a great brain booster. It strengthens cognitive function and reasoning, increases memory, attention span, creativity and communication skills. Learning languages shapes the mental functions you use in a range of other fields, from your social awareness to your creativity and grasp of mathematics.

Teaches you spellings: Research shows that children who learn basic sign language skills have improved spelling skills. Signing helps to give kids another tool for remembering spelling words and leaves a larger imprint on the brain.

Makes you a better listener: Speaking in sign language requires you to fully focus and concentrate on the person speaking to you. It's not just about the hand gestures, but it's also to focus on their facial expressions and body movements that are as important in sign language as your hands are. By constantly focusing on the person speaking to you, it will make you a better listener.

From their cognitive benefits to creating social awareness and uniformity, sign languages are not just meant for those with a disability

Sign languages have not only survived, but are now flourishing – so much so that many more people are getting the chance to learn them, which should be celebrated. Earlier this month, a 20-year-old Engineering student from Vellore Institute of Technology developed an AI model that translated some ASL signs to English, bridging the gap between the divide. Last year, PM Modi launched the first Indian Sign Language (ISL) dictionary, making ISL a designated subject in school curriculums. In the US, more undergraduate and graduate students have enrolled on courses in American Sign Language (ASL) than German each year since 2013. Also, earlier this year, a bill which would make British Sign Language a legally recognised language has re-

IMPROVES YOUR REACTION TIME

According to a study by University of Sheffield, sign language users have better peripheral vision and reaction time. Because it's so visual-focused, you are more alert and hence better suited for certain sports and driving.



HABIT FORMATION, MOST ESSENTIAL ASPECT

Habits are generally termed as the routine behaviour that a person adopts in his daily life. Then how and why habit formation creates an immutable impact on the life of a person so deep rooted that it is literally impossible to erase the after effects of it. Is it that serious?

If the answer is yes, then as educators and parents the responsibility doubles to ensure and watch the type of habit a child is engaged in right from the beginning.

Habits may be reasonable or fallacious but before the common habit becomes a routine it is crucial to check it at an early stage. Habits may be quite mystifying in nature. A certain act or a behaviour of a person may turn into a habit and it happens automatically that people tend to perform the habitual tasks effortlessly without realising that it may backfire at times.

It is imperative that the parents at an early age start cultivating the right and apt practice in the child, be it getting up in the morning on time, praying to the Almighty, taking care of the self hygiene and of the surroundings, keeping the things at the proper place and so on. Doing the right thing at the right time with proper mentoring and monitoring may result in development of the positive habits in a child.

As rightly said by Mahatma Gandhi "Your beliefs become your thoughts, your thoughts become your words, your words become your ac-



tions, your actions become your habits, your habits become your values, and your values become your destiny."

It is extremely essential for the parents to understand the habit loop in order to understand and instill the right habit in a child. The loop has three major components: cue, routine

and reward.

The cue is a trigger for a person to do a particular act or a behaviour. For example, the smell of popcorn at PVR invokes a desire to have a popcorn which would have else not been there if you had not visited PVR. When done on a regular basis, it turns to be habit.

The routine is a repeated action which at times occurs unconsciously like shaking of legs during a difficult situation.

The reward may be both positive and negative in nature depending upon the habit you possess. If proper hygiene is your habit, then you may be rewarded with better health.

If the habit is to indulge in smoking when you are alone or getting bored, then you will have a negative impact on your health.

It is therefore very essential to splinter the habit loop. The tiny steps and one day at a time approach may resolve the issue to a larger extent.

Promoting behaviour change is difficult. As educators we know, it is hard to get people to try something new and harder still to maintain that change over time. The basic neuroscience research on habits tells how habits arise from changes in neural activity in the brain.

"Depending on what they are, our habits will either make us or break us. We become what we repeatedly do." Thus good habits are worth being fanatical about.

ARCHANA SHRIVASTAVA, Principal, East Point School

Free covid vaccination camp at DAV

DAV, Rohini in collaboration with the Directorate of Health Services organised a two-day covid vaccination camp on January 25 - 27. The students of the school, staff children, and the teenagers of the nearby areas were also welcomed to get the vaccine.

Safety norms and Covid appropriate protocol were followed to ensure the protection of all the students, parents, and staff members who were involved in the drive.

The teachers counselled the parents of those students who had not yet taken the vaccine and urged them to take the jab. Enthusiastic children took a picture on the selfie corner after getting vaccinated. Principal Rajbir Kaur



thanked the team who carried out the vaccination drive, parents, and students who made this effort a success.

MPS's tribute to Mahatma Gandhi

Students of Modern Public School, Shalimar Bagh, participated in paying a musical tribute on the 74th Anniversary of the martyrdom of the Father of Nation at Gandhi Smriti on January 30.



The interfaith prayer meet was marked with the esteemed presence of prime minister Narendra Modi, speaker of Lok Sabha Om Birla, vice chair of Gandhi Smriti and Darshan Samiti Vijay Goel, and granddaughter of Mahatma Gandhi, Tara Gandhi Bhattacharjee.

The prayers were showcased in various languages Buddhist,

Judaism, Zoroastrian, and Shabad Kirtan to name a few.

Padma Shri awardee Kavita Krishnamurti Subramaniam mesmerised the audience with her bhajans in her mellifluous voice.

The programme culminated with Ramdhun and a silent tribute. The atmosphere at the venue was filled with serenity and tranquillity.

I am moving on

Time goes on without telling anyone
Happiness didn't realise that it shouldn't be waiting for too long
Standing far from this world, staring at the night sky
Rewinding the painful past in heavy rainfall, hoping a life full of rainbows
I was alone in my hard times, but

sadness won't stay forever because time flies
So much pain too much cries it won't be suffered anymore
But why this world's heart so cold i am facing by myself, I just want to be happier
I wanna dance like the leaves dancing on the rhythm of wind
I am in the world where I am feel-

ing cold, I made a lot of mistakes but
Now I am going to make it right, I know I have to burn like a sun, I know
I have to fight to find my happiness, my heart is beating like bump but
With all these things I have to jump, I wanna talk, I wanna walk, I wanna run
I wanna jump, I wanna be happier, I wanna be luckier, if I can't run I will fly
I am trying to move on, just like

this world did so easily but the tension on
My head is so heavily but with all these things I am moving on
Now I am done and going to have some fun, I was sobbing in my past
But now I am recovering fast, if I can't walk I will crawl with all these things
I am moving on.....

NAMEERA MIRZA, class VIII C, Hamdard public school

Student Corner

TEJJAS CHOPRA, class V IPC, Manav Stathi School, Rajendra Nagar



Scented memories

My fondest childhood recollections are from a house with a honeysuckle covered deck

The sweet scent lingers in the memories of laughter, exploration and safety

But now when I smell honeysuckles I get a sense of

melancholy as if it's reminding me that the best memories are fleeting

If they were ever real at all

Sneha Roychowdhury, class XII A, Air Force Golden Jubilee Institute, Subroto Park, New Delhi

I, me, myself

I, me, myself. If I listen to me then I don't need any help
My nature is kind, as well as peaceful mind

I just want motivation because I want to be someone's inspiration
Always I have learnt that "First one never follows"
So anyone can copy me I don't have any sorrow
My weakness is horror or some spooky things, Because they only bring in jumpscare and scary fire rings
I am happy when I am not sad
Or when my parents say I am proud of my lad
I am angry when I am irritated, but my mom makes me happy by making the hot cake
I am personality which always stays real it never changes and never becomes fake
This is I, me myself don't copy anyone just be yourself



DIVIJ SRIVASTAVA, VA, Seth Anandram Jaipuria School, Vasundhara, Ghaziabad

THE EDUCATIONIST

Teach children the power of grit

Grit has become a buzzword in child development and education circles. In psychology, grit refers to an individual's passion, motivation, and determination

to achieve a certain goal. The American Psychological Association states that grit is what separates the very best from good enough.

Angela Duckworth, psychologist at the University of Pennsylvania, TED speaker, and bestselling author of 'Grit: The Power of Passion and Perseverance', defined grit as, "a passion and perseverance for long term goal". Grit differentiates those who overcome obstacles from those who fail to meet expectations. Gritty learners are more likely to take part in activities, are motivated to deal with challenges. We must encourage goal setting and reward work and effort. Grit is not only passion, it is attributes such as courage, endurance, resilience, conscientiousness that bring grit together, leading to success. Anyone can develop grit.

■ **Help your child find a passion:** Gritty people are motivated to seek happiness, purpose through focused engagement. Let a child find their passion.

■ **Take child out of comfort zone:** Give your child the

opportunity to pursue at least one difficult activity that requires discipline. The activity does not matter so much as the effort and experience.



Vandana Gupta, principal, EuroSchool North, B'loru

■ **Let your kid get frustrated:** Taking risks and struggling is an important way to learn. When your child is dealing with a difficulty, resist the urge to jump in. Do not allow them to quit either.

■ **Model a growth mindset:** Let students understand that their talents and abilities can be developed through effort and persistence.

■ **Brainstorm together:** Discourage them from quitting when low. Help them brainstorm strategies, make action plans, take ownership of the solution.

■ **Teach that failing is okay:** Tell your children about your own failures and how you persevered, or ways you could have been more resilient.

■ **Be a gritty parent:** The best way for kids to learn grit is from watching parents. Show that you take on tasks that are sometimes scary, and that you sometimes struggle or fail and then bounce back. Model resilience for your children and show them that failing is nothing to be afraid of.

World Radio Day

To celebrate World Radio Day, students of Ryan International School, sector 40 class IV and V participated in Coolest RJ competition held virtually on Ryan Station.

They acted as RJ's who host a radio talk show where they select

ed the music to be played, or topic of discussion, by interacting with the audience and perform in a creative and innovative way with sense of humour and connectivity with the listeners.

Little Ryanites of grade III also took part in Declamation competition wherein they spoke



about their favourite RJ's of various radio stations. Young Ryanites of classes I and II also made

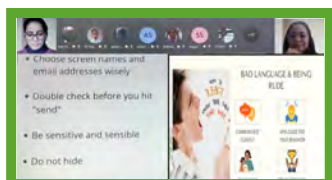
colourful, bright and vibrant collage. Students enthusiastically participated and whole heartedly enjoyed this different virtual activity.

School head Shivali Sharma appreciated the efforts of Ryanites for their presentation and encouraged them to participate more in various activities for overall development of personality.

St Mark's organises webinars for parents and students

St Mark's School, Meera Bagh organises monthly parental awareness and student engagement webinars conducted by guidance counsellors, M Kapoor and A Malhotra. This month's webinars for junior and senior wings focused on various topics.

During the growth stage, 'play' becomes important tool to steer children in the right direction for their holistic development. Hence, parents of classes nursery and kg were



informed about the importance 'constructive play' while parents of students in classes III to V were equipped with strategies and impact of positive discipline.

A session on digital regulation and citizenship provided insights to both parents and students of classes VI to VIII on topics ranging from basic netiquettes to CBSE guidelines. It is also important to educate teens about facing failures and preparing for life's challenges. Shedding light on building resilience in children, parents of classes IX and X were encouraged to develop this preparedness in their children.

Feel the beat

If life is a cookie, Music is the choco chip. Like a cookie without choco chips is tasteless, life without music is plain.

The art of music is like enigmatically wandering around a mirror maze towards the depth of your feelings. This beauty is the support of our journey through numerous stumbles of emotions.

Music is the aurora of rhythms, tunes, and beats and it is a synonym for healing because it soothes the

distressed mind and consoles you. It is the natural bond that enhances your confidence, improves your mental health, and helps you sleep deeper. It also brings back memories, good or bad, depending on the feeling the music has expressed and how relatable it is to you.

Music is the cure for boredom and has infinite ways of expression. If there is no music, there won't be a feeling or effect in anything we watch and life without watching anything _ YouTube, movies _ almost seems impossible. In our class, we start our day with a motivational song to get positive vibes to start the day. Our regular music class helps us enjoy and express our feelings. We write our own songs and compose it. The love for music will never go away.

Vaibhav Chandrasekhar, Harshitha Rappuru, Sahana M S, Mishika Kotha, Sanvi Gupta, VARSHA DAMPETLA, LASYA EGA, TANISHKA PUSHKRAJ, class VI, GJR International School, Bengaluru



MY SISTER

I am blinded by a ray of light
A radiant shine ever so bright
I feel the warmth course through my veins
A bright smile grows across my face

I wonder, "What is this shine over there?"
To which the flaming sun does not even compare
I peel my eyes open and see, Oh, never mind, it's just Vinni.

My beaming sister, always by my side
To me, she seems

to be the best guide
Her enthusiasm knows no bounds
I'm forever flattered by her support profound
Vinni, my pal, my bro and my friend
No doubt you'll be with me to the very end
Just know, when you need me, I'll be there
Our arms will always be interlocked, that I swear.
Meghana Vani Bhukya Saisree, class VII, Sishu Griha Senior School, Bengaluru

TOTTENHAM BEAT MAN CITY 3-2

KANE SINKS LEAGUE LEADERS TO OPEN UP TITLE RACE



Harry Kane's stoppage time winner blew the Premier League title race wide open as Tottenham Hotspur beat Manchester City 3-2 in a rip-roaring contest at the Etihad Stadium on Saturday.

Kane had put Tottenham 2-1 ahead in the 59th minute only for a Cristian Romero handball to allow Riyad Mahrez to equalise for the league leaders from the penalty spot in the 92nd minute.

DRAMATIC LATE VICTORY

City looked favourites to claw out a dramatic late victory, but Kane's header in the sixth minute of added time clinched a league double for Tot-

tenham over City, having beaten them on the opening weekend of the season.

Tottenham had stunned City in the fourth minute when Dejan Kulusevski scored on his first league start since joining on loan from Juventus but Ilkay Gundogan levelled before halftime.

GAME IN HAND

City's defeat, only their third in the league this season, means they are now only six points ahead of Liverpool who also have a game in hand after Liverpool beat Norwich City earlier.

"We kind of thought we'd rescued it. If you look at the whole game we deserved to win. But football is sometimes crazy and today we made easy

mistakes," Gundogan said.

Kane did not even play in Tottenham's August win over City when the England striker was holding out for a big-money move away from north London to join Guardiola's champions.

ALL-ROUND DISPLAY

On Saturday he produced a stunning all-round display to show City what they missed out on.

The striker could have had four goals with Ederson keeping one effort out from point blank range and then having another ruled out for off-side when Tottenham led 2-1.

But after Mahrez appeared to have snatched victory away from Antonio Conte's side, Kane pounced to

revive his side's top-four ambitions after three successive league defeats.

City had won 14 of their previous 15 games, drawing the other, to seize control of the title race.

And with Tottenham in a rut, they were fully expected to re-open their nine-point lead at the top.

WELL-WORKED GOAL

But Tottenham have often proved a stumbling block for City and they went ahead with a well-worked goal.

Kane's superb lay-off sent Son Heung-min down the left and he picked out Kulusevski to coolly slot past Ederson.

City responded by swarming forward and Gundogan was denied when his curled effort hit the wood-

work.

But a mistake by Tottenham keeper Hugo Lloris allowed City to level. He could not hold Raheem Sterling's dangerous ball in towards Kevin de Bruyne and the ball popped up invitingly for Gundogan to equalise.

COUNTER-ATTACK

City dominated after the break, and it seemed only a matter of time before they went ahead. But Tottenham were always a menace on the counter-attack and from one rare raid forward Son linked well with Ryan Sessegnon before his pass picked out Kane to side foot high past Ederson.

Ederson denied Kane again shortly afterwards from point-blank range and Kane had a goal ruled out in the 73rd minute after a VAR check for off-

“We had to find a way to get our season back on track. Tough place to come against one of the best teams in the world but to grind out the result we did was really special Harry Kane

side in the build-up.

When Romero slid in to block Bernardo Silva's shot and the ball struck his raised arm, referee Anthony Taylor was eventually invited to check a pitch-side monitor, returning to point to the spot and offer City salvation.

Mahrez duly belted his spot kick high past Lloris but there was a sting in the tail as Kulusevski's low cross found Kane who showed great strength to head the winner. REUTERS

BAUTISTA AGUT STUNS BASILASHVILI

CLINCHES SECOND QATAR OPEN TITLE ENDING DOMINANT WEEK IN STYLE

Spaniard Roberto Bautista Agut captured his 10th tour-level trophy, ending his dominant week in style with a 6-3, 6-4 win over Georgia's Nikoloz Basilashvili in the Qatar ExxonMobil Open final here.

This was the 33-year-old world No. 16's maiden ATP Tour title since 2019.

Played aggressively

In a re-run of last year's final here, a charged-up Bautista Agut, whose best run at a grand slam has been a semifinal berth at Wimbledon in 2019, played aggressively on Saturday night from the baseline to gain revenge over the Georgian, who triumphed in the 2021 final.

"I am very happy. It has been a while since I lifted a trophy. I have been working very hard to reach another final and to get the chance to win another title. It was a big dream for me to win a title and I have now won twice in Doha. It is very special for me and I am very happy," Bautista Agut was quoted as saying by atptour.com.

Rallied from break down

The Spaniard slammed his groundstrokes through the court and rallied from a break down in the first and second sets to seal the win in 86 minutes. This is the Spaniard's second title in the tournament, having won it in 2019 as well. Doha is the second ATP Tour tournament where the 33-year-old has won multiple titles, after lifting the trophy in Auckland in 2016 and 2018.

"This year we played without wind, which was much better for me. It was not easy to recover after a really tough battle yesterday (Friday), but I think I did a good job today (Saturday). It is my 10th ATP Tour title and I am very happy," said Bautista Agut.

Super proud

With his victory, Bautista Agut now leads Basilashvili 4-2 in their ATP head-to-head and has improved to 11-3 on the season.

The 2021 Doha champion Basilashvili was aiming to win his sixth tour-level title. Basilashvili said during the trophy cer-

emony that, "I love coming back here. I would like to congratulate Roberto for a great tournament. I would like to thank the crowd. I am super proud to play in front of you." IANS



I am super happy with how I played in this tournament

Georgia's Nikoloz Basilashvili

PUNDITS, PLAYERS PRAISE ROHIT'S ELEVATION TO INDIA TEST CAPTAINCY

Indian pundits and players on Sunday hailed Rohit Sharma as the new all-format skipper after he replaced Virat Kohli in one of world cricket's biggest jobs.

Rohit, 34, was appointed Test captain on Saturday ahead of the two-Test Sri Lanka series next month which will be preceded by three Twenty20 internationals beginning on Thursday.

The swash-buckling opener was a unanimous choice for the Test job after he took over the white-ball duties from Kohli, who gave up the T20 captaincy last year and then was

sacked as 50-over skipper.

Batting great Sunil Gavaskar praised Rohit's leadership skills. "From the way he speaks, it seems like the players know their roles," Gavaskar said on Sports Tak. "And they know what the team expects from them."

Former England captain Michael Vaughan gave his thumbs-up to India's new Test captain and wrote "Good choice" on Twitter.

But given his age, the 34-year-old Rohit might still be a stop-gap leadership choice and Chetan Sharma, chairman of selectors, said future captains will be groomed under him. AFP

Photo: ANI

QUIZ TIME!

Q1: Who won the World Darts Championship 2021?

- a. Peter Wright
- b. Michael van Gerwen
- c. Gerwyn Price
- d. Gary Anderson

Q2: Which country knocked England out of the first Rugby World Cup, in 1987?

- a. Ireland
- b. New Zealand
- c. Wales
- d. Australia

Q3: Which team did India defeat to win the Women's Hockey Asia Cup title in 2017?

- a. Africa
- b. Indonesia
- b. Hong Kong
- c. China

Q4: Where are the headquarters of United World Wrestling based?

- a. England
- b. Germany
- c. Switzerland
- d. Brazil

Q5: In which year did Steffi Graf win her first Grand Slam?

- a. 1987
- b. 1988
- c. 1989
- d. 1990



Photo: GETTY IMAGES

Q6: From which football team did Cristiano Ronaldo return to Manchester United in 2021?

- a. Liverpool
- b. Arsenal
- c. Juventus
- d. Chelsea

Q7: Which country won the 2018 FIFA World Cup?

- a. Brazil
- b. France
- c. Germany
- d. Argentina

Q8: Which golfer missed the cut at the Byron Nelson event after a record 142-

tournament streak?

- a. Jim Furyk
- b. Tiger Woods
- c. Dustin Johnson
- d. Donald Ross

Q9: Which tennis player won the Men's Singles at 2021 Wimbledon?

- a. Andy Roddick
- b. Andy Murray
- c. Novak Djokovic
- d. Roger Federer

ANSWERS: 1: c. Gerwyn Price
2: b. New Zealand 3: c. China
4: c. Switzerland 5: a. 1987 6: c. Juventus
7: b. France 8: b. Tiger Woods
9: c. Novak Djokovic