



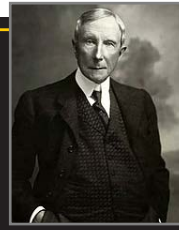
THE TIMES OF INDIA

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**TODAY'S
EDITION**

➤ What is the meaning of Majoritarianism? Hone your social science skills by attempting CBSE class X questions on social science
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➤ Know more about John Rockefeller, an American business magnate and philanthropist, who turned adversities into opportunities
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STUDENT EDITION

TUESDAY, JANUARY 18, 2022



Beijing is unlikely to see a high-level political delegation from India during the February 4-20 Winter Olympics, even though New Delhi is not boycotting the games, according to sources...

CLICK HERE: PAGE 1 AND 2
₹57.3 LAKH CRORE
FACTOID


That's the collective wealth of India's **100** richest people, a record high in 2021, a report by Oxfam said. The number of Indian billionaires grew from **102** to **142** during the pandemic period it added. More than **4.6** crore Indians are estimated to have fallen into extreme poverty in 2020, nearly half of the global new poor according to the UN

If each of the **10** richest Indians billionaires were to spend \$1 million daily, it would take them 84 years to exhaust their current wealth. India has the **3rd** highest number of billionaires in the world, just behind China and the US

The wealth of the **10** richest is enough to fund school and higher education of children in the country for 25 years

A **4%** tax on the wealth of **98** billionaires can fund the mid-day meal programme for 17 years, such as the Mission POSHAN 2.0, which includes anganwadi services, POSHAN abhiyan, among others for 10 years


MAKE A NOISE

Is it time to introduce wealth tax on Indian billionaires to bridge the economic inequality in the upcoming Budget? Share your views at

TOINIE175@GMAIL.COM

Spotlight LAKSHYA SEN

Wins maiden Super 500 title, beats world champion Loh

Lakshya Sen secured his maiden Super 500 title by winning the Yonex-Sunrise India Open with a stunning straight-game victory over reigning world champion Loh Kean Yew of Singapore in the men's singles final in Delhi on Sunday. The 20-year-old Sen, who had claimed his maiden world championships medal with a bronze in Spain last month, produced a fine performance to outshine the fifth-seeded shuttler 24-22 21-17 in the summit clash that lasted 54 minutes. In a repeat of last year's Dutch Open final, the Indian ensured that he had the last laugh this time around.



DIPLOMATIC BOYCOTT of the Beijing Winter Olympics


X-PLAINED

WHAT China is facing opposition to the prestigious sporting event from the US and some of its European allies over what they allege is state-sponsored atrocities against the Uyghurs in Xinjiang province and Tibetans in Tibet. Under the boycott, the Biden administration will not send any US diplomatic or official governmental representatives to the Games.

Olympic hosts have traditionally basked in the global attention, which often includes visits by foreign leaders or officials. US President George W Bush, for example, cheered Team USA during the 2008 Summer Games in Beijing

WHICH other countries have announced a diplomatic boycott? Prime Minister Boris Johnson of Britain announced in early December that there would be "effectively a diplomatic boycott" of the Games. Prime Minister Justin Trudeau of Canada said his country would follow suit. Australia, Japan and Denmark have also said that they will not send their government officials to attend the Games.

WHAT'S INDIA'S STAND?

New Delhi had made it clear earlier that it will not be joining calls from the West to boycott the Olympics, although there is tension with China along the line of actual control (LAC). Arif Khan is India's only entry for the winter games, where he will compete in the Slalom event (alpine skiing)


Should we keep politics out of sports?

HAVE THERE BEEN BOYCOTTS BEFORE?

- The Olympics, particularly the Summer Games, have seen several boycotts in the past by individual countries or multi-nation blocs since the first modern Games were held in Athens in 1896
- Nations have boycotted the participation on ideological grounds. In the 1988 Seoul Olympics, North Korea boycotted on the demand that 11 of the 23 Olympic sports be carried out on its territory
- By far, the biggest actions came in 1980 when US President Jimmy Carter boycotted the Moscow Games to protest the Soviet invasion of Afghanistan, and four years later the Soviet bloc retaliated with a boycott of the Los Angeles Olympics
- The first major boycott of Olympics came in 1976 when about 30 mostly African nations sat out the Montreal Games. They contended that a New Zealand rugby team had toured apartheid South Africa, and demanded that New Zealand should be barred from the Games

HAVE BOYCOTTS BEEN EFFECTIVE?

- The boycott of the Moscow Games did not appear to have any effect on Soviet foreign policy; troops from the country remained in Afghanistan until 1989
- While boycotts may not change policy, they do run the risk of reprisals, as was seen in 1984. Meanwhile, Chen Weihua of China Daily, a state media publication, has called for China to boycott the Summer Olympics in Los Angeles in 2028

(SOURCE: ECONOMIC TIMES, THE NEW YORK TIMES)


Sitharaman's 4th Budget to focus on growth, jobs amid a sharp rise in Covid cases

All eyes are on finance minister Nirmala Sitharaman, as she is set to present her fourth Budget in three weeks from now. With a target to become a \$5 trillion economy by 2025, the focus will be on economic growth and employment generation. Disinvestment, rationalisation of import duties for raw materials, micro small and medium enterprises, agriculture and start-ups with a focus on unicorns (a privately held startup company valued at over \$1 billion) are likely to be the drivers of the forthcoming Budget. Sources also said that though the minister is unlikely to wind up the stimulus package, announced in the wake of the deadly Delta variant of Covid 19 last year in a hurry, a roadmap to the path of fiscal consolidation is expected.

Republic Day celebrations to begin from Jan 23, include Netaji Subhas Chandra Bose's birth anniversary

The celebrations of Republic Day will now begin from January 23 every year instead of January 24 in order to include the birth anniversary of Subhas Chandra Bose, said sources in the government. "This is in line with Modi government's focus on celebrating/commemorating important aspects of our history and culture," sources said. Earlier, the government had started the celebration of the birth anniversary of Subhas Bose as Parakram Divas.

- Other important days that have become a yearly affair are Partition Horrors Remembrance Day (August 14), National Unity Day (October 31), Janjatiya Gaurav Diwas (November 15), Constitution Day (November 26) and, Veer Baal Diwas (December 26).



■ Meanwhile, as many as 75 aircraft of Indian defence forces, including Rafale, will fly over the Rajpath, as India plans a grand flypast for the Republic Day celebrations

Vaccination for 12-to-15-year-olds likely from Feb-end or March

The Covid vaccination programme is set to start for the 12-15 age group from February-end, Dr NK Arora, chairman of the Covid-19 working group of the National Technical Advisory Group on Immunisation said. Adolescent vaccination is making impressive strides across the country.

A total of 3.31 crore children in the age bracket of 15 to 18 years have already received their first dose, accounting for almost 45% coverage, just 13 days into the drive on January 3 this year



Immunising adolescents is important, as they are quite mobile. They go to schools, colleges, mingle and run a high risk of acquiring infection, particularly due to the fast-paced Omicron variant of the coronavirus. This is why the government prioritised this group from the under-18 category, experts said.

Birju Maharaj, legend of India's Kathak dance form, dies



Birju Maharaj, a legend of classical Indian dance and among the country's most well-known performing artistes, died on Monday. He was 83. Known as Maharaj-ji by his many fans, he was considered an icon of the Kathak form of Indian classical dance and was a recipient of the Padma Vibhushan, India's second highest civilian award. Maharaj was known for his animated facial expressions and light-footed movements, accompanied by the sound of bells he wore around his ankles. He would often draw inspiration from his own life in his performances, and was a skillful storyteller.

KEEP ABREAST OF CURRENT AFFAIRS & DEVELOPMENTS



PAPER SET BY RACHNA KAJANI, UDGAM SCHOOL FOR CHILDREN, AHMEDABAD

GENERAL INSTRUCTIONS

- i. All questions are compulsory.
- ii. The question paper consists of four sections and contains 40 questions in all.
- iii. Section A has 20 questions.
- iv. Section B has 10 questions.
- v. Section C has 8 questions (4 case studies with 2 questions each).
- vi. Section D consists of 2 Map based questions.
- vii. Each question carries one mark. Answer them as instructed.

PART-A MARKS: 20

Choose the correct options:

- Q1. In 1848, _____ prepared four prints visualising his dream of world made up of 'democratic and social republics'.
- a) Giuseppe Mazzini
 - b) Giuseppe Garibaldi
 - c) Karol Kurpinski
 - d) Frederic Sorrieu

- Q2. Regional dialects were encouraged by the French Revolutionaries to inculcate the feeling of nationalism among the French people.
- Choose the best option to correct the above given statement.

- a) French language was forbidden by the revolutionaries to reduce the influence of monarchs.
- b) Regional dialects were discouraged by the French revolutionaries and French language was promoted to inculcate the feeling of nationalism among the French people.
- c) Regional dialects were discouraged by the Monarchs to inculcate the feeling of nationalism among the French people.
- d) French language and regional dialects were both used to spread the ideas of nationalism.

- Q3. In the question given below, there are two statements marked as Assertion (A) and Reason (R). Read the statements and choose the correct option:
- Assertion (A):** The local populations considered Napoleon's armies as harbingers of liberty.
- Reason (R):** Increased taxation, censorship, forced conscription into the French armies seemed to outweigh the advantages of the administrative changes.

Options:

- a) Both A and R are true, and R is the correct explanation of A.
- b) Both A and R are true, but R is not the correct explanation of A.
- c) A is correct but R is wrong.
- d) A is wrong but R is correct.

Q4. Match Column A with Column B:

Column A	Column B
A. 1821	i. Vienna Congress was held.
B. 1815	ii. The Greek struggle for independence began.
C. 1804	iii. Frankfurt Parliament was convened.
D. 1848	iv. Napoleonic code was implemented.

- a) A – iii, B – iv, C – i, D – ii
- b) A – iv, B – ii, C – i, D – iii
- c) A – ii, B – i, C – iv, D – iii
- d) A – i, B – iv, C – iii, D – ii

Q5. Read the given clues and identify the kind of soil.

- These soils are made up of extremely fine i.e., clayey material.
 - This type of soil is typical of the Deccan trap (Basalt) region spread over north-west Deccan plateau and is made up of lava flows.
 - They are well-known for their capacity to hold moisture
- a) Alluvial
 - b) Forest soil
 - c) Black
 - d) Laterite

- Q6. Say whether True or False: Rice is grown as a commercial crop in Odisha but a subsistence crop in Punjab and Haryana.
- a) True
 - b) False

Q7. In the question given below, there are two statements marked as Assertion (A) and Reason (R). Read the statements and choose the correct option:

- Assertion (A):** Jute is losing market to synthetic fibres and packing materials, particularly the nylon.
- Reason (R):** Jute production has declined over the period of years due to scarce labour.
- Options:
- a) Both A and R are true, and R is the correct explanation of A.
 - b) Both A and R are true, but R is not the

- c) A is correct but R is wrong.
- d) A is wrong but R is correct.

Q8. Match Column A with Column B:

Column A	Column B
A. 21°C to 27°C temperature	i. Maize and Sugarcane
B. 50 to 75 cm annual rainfall	ii. Rubber
C. 210 frost free days	iii. Cotton
D. more than 200 cm rainfall and temperature above 25°C	iv. Wheat

- a) A – iii, B – iv, C – i, D – ii
- b) A – iv, B – ii, C – i, D – iii
- c) A – ii, B – iii, C – i, D – iv
- d) A – i, B – iv, C – iii, D – ii

- Q9. In the question given below, there are two statements marked as Assertion (A) and Reason (R). Read the statements and choose the correct option:
- Assertion (A):** The transformation of Belgium from unitary government to a federal one prevented a possible division of the country on linguistic lines.
- Reason (R):** The German speaking population in Brussels was neglected.

- Options:
- a) Both A and R are true, and R is the correct explanation of A.
 - b) Both A and R are true, but R is not the correct explanation of A.
 - c) A is correct but R is wrong.
 - d) A is wrong but R is correct.

- Q10. Correct the INCORRECT statement: In 1956, an Act was passed to recognise Sinhala as the only national language, thus disregarding Tamil.
- a) In 1956, an Act was passed to recognise Sinhala as the only official language, thus disregarding Tamil.
 - b) In 1956, an Act was passed to recognise Sinhala as the only official language, thus disregarding English.
 - c) In 1965, an Act was passed to recognise Sinhala as the only official language, thus disregarding Tamil.
 - d) In 1956, an Act was passed to recognise Tamil as the only official language, thus disregarding Sinhala.

- Q11. _____ is a system of government in which the power is divided between a central authority and various constituent units of the country.
- a) Democracy
 - b) Republic
 - c) Federalism
 - d) Socialism

- Q12. In the question given below, there are two statements marked as Assertion (A) and Reason (R). Read the statements and choose the correct option:
- Assertion (A):** In 1947, the boundaries of several old States of India were changed in order to create new States.
- Reason (R):** This was done to ensure that people who spoke the same language lived in the same state.
- Options:
- a) Both A and R are true, and R is the correct explanation of A.
 - b) Both A and R are true, but R is not the correct explanation of A.
 - c) A is correct but R is wrong.
 - d) A is wrong but R is correct.

- Q13. Which of the following steps were taken in 1992 by the government of India?
- a) Reservation of Scheduled castes in all government jobs upto 15%
 - b) Reservation of Scheduled Tribes in educational institutions upto 7.5%
 - c) Reservation of Women in Local Self Government bodies upto 33.33%
 - d) Reservation of SEBC in State Legislative Assemblies upto 25 %.

Q14. Match Column A with Column B:

Column A	Column B
A. Education	i. Union List
B. Computer software	ii. State List
C. Police	iii. Concurrent List
D. Nuclear energy	iv. Residuary subject

- a) A – iii, B – iv, C – ii, D – i
- b) A – iii, B – ii, C – iv, D – i
- c) A – ii, B – iii, C – i, D – iv
- d) A – i, B – iv, C – iii, D – ii

Q15. If the Per Capita Income of the country is 800 USD, find the monthly income of Citizen V.

Citizens	I	II	III	IV	V
Monthly Income (in US Dollars)	700	1000	750	600	(?)

- a) 650
- b) 750
- c) 850
- d) 950

Q16. Say whether the statement is True

- or False:
- In World Development Reports, brought out by the World Bank, Per Capita Income is used in classifying countries.
- a) True b) False

- Q17. In the question given below, there are two statements marked as Assertion (A) and Reason (R). Read the statements and choose the correct option:
- Assertion (A):** For development, people look at a mix of goals.
- Reason (R):** What may be development for one may not be development for the other. It may even be destructive for the other.
- Options:
- a) Both A and R are true, and R is the correct explanation of A.
 - b) Both A and R are true, but R is not the correct explanation of A.
 - c) A is correct but R is wrong.
 - d) A is wrong but R is correct.

- Q18. What is the Body Mass Index of a person with height of 1.5 meters and weight of 45 kilograms?
- a) 15
 - b) 17.5
 - c) 20
 - d) 25

Q19. Match Column A with Column B:

Column A	Column B
A. Fisherman	i. Secondary
B. Money lender	ii. Secondary and Tertiary
C. Brick layer	iii. Primary
D. Tailor	iv. Tertiary

- a) A – iii, B – iv, C – i, D – ii
- b) A – iv, B – ii, C – i, D – iii
- c) A – ii, B – iii, C – i, D – iv
- d) A – i, B – iv, C – iii, D – ii

- Q20. In the question given below, there are two statements marked as Assertion (A) and Reason (R). Read the statements and choose the correct option:
- Assertion (A):** In the year 2013-14, the tertiary sector has emerged as the largest producing sector in India replacing the primary sector.
- Reason (R):** Apart from education, health, transport, banking and professional services, certain new services such as those based on information and communication technology have become important and essential.
- Options:
- a) Both A and R are true, and R is the correct explanation of A.
 - b) Both A and R are true, but R is not the correct explanation of A.
 - c) A is correct but R is wrong.
 - d) A is wrong but R is correct.

PART-B MARKS: 10

Q21. In the below given image, the female figure is guarding the _____.



- a) Rhine
- b) Thames
- c) Nile
- d) Danube

- Q22. Which of the following definition refers to Zollverein.
- a) A unit of measurement of cloth.
 - b) An abstract idea expressed through a person or an object.
 - c) A customs union formed at the initiative of Prussia in 1834.
 - d) A direct vote by which all the people of a region are asked to accept or reject a proposal.

- Q23. Arrange the following events in the correct sequence:
- i. Unification of Germany
 - ii. Victor Emmanuel II was proclaimed the king of united Italy.
 - iii. Act of Union unifying England and Scotland.
 - iv. Greece became an independent nation.

- a) iv, iii, ii, i
- b) ii, i, iii, iv
- c) i, ii, iii, iv
- d) iii, iv, ii, i

Q24. Which of the following nations is NOT a part of Balkan region?

- a) Croatia
- b) Portugal
- c) Albania
- d) Serbia

Q25. Land which is left without cultivation for one or less than one agricultural year is called

- a) Current fallow land
- b) Other than current fallow land
- c) Culturable wasteland
- d) Non-agricultural land

Q26. Salal Project is built across the riv-

- er _____.
- a) Jhelum
- b) Ravi
- c) Chenab
- d) Beas

- Q27. Which of the following statements best defines the term 'Majoritarianism'?
- a) A belief that majority community should always form the Government in the country.
 - b) A belief that only majority community must get the right to vote in a country.
 - c) A belief that majority community must permanently reside in the country.
 - d) A belief that the majority community should be able to rule a country in whichever way it wants, by disregarding the wishes and needs of the minority.

Q28. Read the given Cartoon image and choose the correct option:



- a) The Prime Minister is the supreme head of the government.
- b) Cabinet Ministers are inactive while the Prime Minister takes the major decisions.
- c) There are many perils of running a coalition government.
- d) State governments are subordinates to the Central government.

- Q29. _____ is the total number of children of age group 14 and 15 years attending school as a percentage of total number of children in the same age group.
- a) Net Attendance Ratio
 - b) Gross Enrolment Ratio
 - c) Literacy rate
 - d) Education Index

- Q30. Arrange the following values in the increasing order with reference to India.
- i. Gross Domestic Product
 - ii. Total population of the country
 - iii. Per Capita Income
 - iv. Daily Unemployment Allowance paid under MNREGA
- a) iv, iii, ii, i
 - b) ii, i, iii, iv
 - c) i, ii, iii, iv
 - d) iv, ii, iii, i

PART-C MARKS: 8

Read the passage and choose the correct option:

On 4 June at 2 p.m. a large crowd of weavers emerged from their homes and marched in pairs up to the mansion of their contractor demanding higher wages. They were treated with scorn and threats alternately. Following this, a group of them forced their way into the house, smashed its elegant windowpanes, furniture, porcelain ... another group broke into the storehouse and plundered it of supplies of cloth which they tore to shreds ... The contractor fled with his family to a neighbouring village which, however, refused to shelter such a person. He returned 24 hours later having requisitioned the army. In the exchange that followed, eleven weavers were shot.

- Q31. Why did the weavers in Silesia revolt against the contractors?
- a) Because the contractors drastically reduced their payments
 - b) Because the contractors stopped giving them the orders
 - c) Because the weavers wanted to eliminate the middlemen
 - d) Because the weavers had to pay heavy taxes

- Q32. Which of the following acts were NOT performed by the weavers?
- a) Rallied to the contractor's place
 - b) Destroyed the assets of the contractor
 - c) Looted the cloth and tore them into shreds
 - d) Burnt the documents of feudal dues

Read the given passage and select the correct option:

The denudation of the soil cover and subsequent washing down is described as soil erosion. The processes of soil formation and erosion, go on simultaneously and generally there is a balance between the two. Sometimes, this balance is disturbed due to human activities like deforestation, over-grazing, construction, and mining etc., while natural forces like wind, glacier, and water lead to soil erosion. The running water cuts through the clayey soils and makes deep channels as gullies. The land becomes unfit for cultivation and is known as bad land. In the Chambal basin such lands are called

ravines.

- Q33. Which of the following type of soil erosion is common in the Chambal Valley?
- a) Wind erosion
 - b) Gully erosion
 - c) Sheet erosion
 - d) Splash erosion

Q34. When the soil particles are carried away due to some natural or human factors leading to the loss of fertility of land, it is termed as

- a) Environment Conservation
- b) Ravines
- c) Soil erosion
- d) Wasteland Management

Read the given passage and select the correct option:

We need to give more power to the panchayats to realise the dream of Mahatma Gandhi and the hopes of the makers of our Constitution. Panchayati Raj establishes true democracy. It restores power to the only place where power belongs in a democracy – in the hands of the people. Giving power to Panchayats is also a way to reduce corruption and increase administrative efficiency. When people participate in the planning and implementation of developmental schemes, they would naturally exercise greater control over these schemes. This would eliminate the corrupt middlemen. Thus, Panchayati Raj will strengthen the foundations of our democracy.

Q35. Which dream of Mahatma Gandhi and the Constitution framers is referred to here?

- a) To remove untouchability and provide reservation to the deprived sections.
- b) To establish a society based on political, social, and economic equality.
- c) To establish peace and harmony among different religious groups.
- d) To restore the power and prosperity of the nation.

Q36. How would the people benefit by the implementation of Panchayati Raj?

- a) Corruption would reduce as the middlemen would be eliminated in administration.
- b) People would get greater control over the developmental schemes.
- c) Good governance would be achieved.
- d) All of the above

Read the given case study and select the correct option:

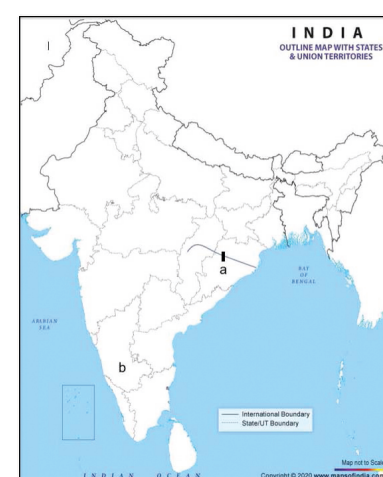
Kamal is a daily wage labourer in a grocery shop. He goes to the shop at 7:30 in the morning and works till 8:00 p.m. in the evening. He gets no other allowances apart from his wages. He is not paid for the days he does not work. He has therefore no leave or paid holidays. Nor was he given any formal letter saying that he has been employed in the shop. He can be asked to leave anytime by his employer.

- Q37. In which sectors is Kamal employed?
- a) Organised, private, and secondary
 - b) Unorganised, private, and tertiary
 - c) Unorganised, public, and tertiary
 - d) Organised, public, and primary

Q38. Why do you think Kamal is working there?

- a) He is less educated, skilled, and trained.
- b) There is lack of other employment opportunities.
- c) He has to support his family.
- d) All of the above

PART-D MARKS: 2



- Q39. Identify the dam marked as 'a'
- a) Nagarguna Sagar
 - b) Rana Pratap Sagar
 - c) Salal
 - d) Hirakud

Q40. Name the major crop grown in the region marked as 'b'.

- a) Jute
- b) Coffee
- c) Tobacco
- d) Bajra

These questions are meant for practice purpose only. Students are advised to check format, syllabus and marks for Board test papers with their teachers. Questions have been given by teachers and NIE is not responsible for them.

Exam stress management strategies during Covid

Covid-19 disrupted lives of people globally. All sections of mankind are troubled by the deadly plague, but the most affected category is of students. Due to the pandemic outbreak, a lot of students experience variety of problems on personal, social and academic level. Uncertainty of exams make them anxious about their future. Preparing for exams is rigid job to do during Covid-19. Therefore, postponement of exams proves to be extremely disappointing for the students and is a source of utmost stress. That's why it is important to manage the stress for the benefit of the young generations. What can be the first step here? We can start by acknowledging the fact that we are not alone in such situation, and it is common to feel stressed during the adverse times. Afterwards, we need to stay positive and hopeful. We must believe that everything will fall



in line after some time. We can try some hobbies like watching movies and series, listening music albums, writing, art and dance etc to distract ourselves.

Calling any close person to ask for advice or even randomly talking to them will take our mind off stressful things and have favourable effects. Health is equally significant and regular yoga and exercise is crucial for a healthy body and mind. Lastly, always be prepared for your exams. Staying at home provides us abundance to groom ourselves. In these tough times only, we can manifest the world our potential and calibre.

ROSHNI OJHA, class XII J (B), DAV Public School, sec-14, Faridabad

PPS celebrates 36th Founder's Day

Prince Public School, Budh Vihar celebrated its 36th Founder's Day on January 5, 2022. The celebration attended with adherence to all Covid protocols started with reminiscence of god followed by a musical interlude where everyone, who had come to celebrate the auspicious day grooved to the melodious songs sung by the choir, trained under the able guidance of the music teacher.

The school's mascot 'Sitara' had also turned one, so it was a double celebration. The highlight of the day was the inauguration of the school's annual magazine, 'Anubhooti'. The chairman of the school, Rajinder Singh along with the founder principal, Kamlesh Solanki and HOS Lakshmi Venkatesh did



the honours by launching the fourth edition of 'Anubhooti'.

The celebration of the day concluded with a tree plantation ceremony. Everyone wished for many more years of excellence to the management, staff and students.

RYAN PAYS RICH TRIBUTES TO SHASTRI

Students of Ryan International School, sector-31 prepared a talk show to commemorate India's second Prime Minister Lal Bahadur Shastri on his death anniversary on January 11. Students also described his role as Home Minister, Minister of External Affairs and Minister of Railways. Shastri was the one who promoted White and Green



Revolution in India.

He is well known for his role during the 1965 Indo-Pakistan war and for coining the slogan - 'Jai Jawan, Jai Kisan'.

Shastri was known for his honesty and humility throughout his life. He was posthumously awarded the Bharat Ratna.

Through the talk show students knew about Shastri as man of peace, the leader who refused to mix religion with politics. They learnt about the ideas of democracy by Shastri that a true democracy will never come with untruthfulness and violence.

Students get jabbed

To substantially reduce morbidity and mortality from Covid, an efficacious and safe vaccination camp was organised by Dehradun Public School at Ashok Nagar branch for the students of age 15-18 years.

A government doctor and a team of paramedical staff administered the vaccine to over 300 students during the camp.



Help desk, waiting arena and post vaccine resting zone were properly maintained for the smooth functioning of the vaccination camp. Richa Lowe, Rashmi Nayyar, Nidhi Sharma and Alisha Sharma have wonderfully monitored the entire drive with utter steadiness and safety measures. Awareness was created through hand-made posters, banners and selfie points among the students and parents on the rapid spread of the viral infection and the safety measures to be taken.

DAV table tennis champs on a winning streak

For any team grit, passion and hard work are the key ingredients to success. Senior girls' table tennis team comprising of Jayshree XI A, Vidisha XI A, Sonali XI A and Samra XI A proved this by bagging first position in Zonal Table Tennis Tournament 2021, held at Don Bosco. The final match was played between DAV Jasola Vihar and School Of Excellence, Kalkaji.

Another feather was added in school's cap when the junior girls' team comprising of Deepali IX D, Sonali IX A and Aditi VIII A bagged second position in Zonal Table Tennis Tournament held at Don Bosco where final match was played between DAV Jasola Vihar and St



George's Alaknanda.

Principal Dr V K Barthwal congratulated the physical education teacher, Sarika and the student table-tennis teams for their perseverance and true sportsman spirit.

St Mark's gets awarded by APEC Cyber Academy

Team Earth Saviours of St Mark's School, Meera Bagh has won a stipend of 600 USD from the APEC Cyber Academy, Taiwan. Kashvi Suri and Rupashi Nagi from class VII and Aditya Jhamb, Pradyuman Sapra and Sukhman Singh from Class VIII did excellent work in the



project - 'How can we make the world more inclusive and sustainable?' The students worked together to create a new green air purifier to keep the community much safer and a better place. The APEC Cyber Academy (ACA) is an international virtual learning environment for K-12 students.

Student Corner

KASHISH, class VI-A, Shaheed Bishan Singh Memorial Sr sec school, Mansarovar Garden



JASPREET KAUR BHAMRAH, class XII, Shaheed Bishan Singh Memorial Sr sec school, Mansarovar Garden



VINEET KAUR, class XII, Shaheed Bishan Singh Memorial Sr sec school, Mansarovar Garden



Fulfilling life through positive thinking

ASN Senior Secondary School, Mayur Vihar in collaboration with Ramakrishna Mission conducted a webinar on 'Fulfilling life through positive thinking' by Swami Shantatmananda, spiritual head and secretary, Ramakrishna Mission, New Delhi. All the staff members

of the school attended the online session and benefited from it. The program was followed by an interactive session where teachers

asked several questions to better their understanding with the children and also how they can help the slow learners to do well.

Swarnima Luthra, principal ASN Schools thanked Swami Shantatmananda for an enlightening and enriching session.



Students celebrate World Space Week

World Space Week was celebrated by the members of Astronomy Club of Sadhu Vaswani International School for Girls, Shanti Niketan recently. A virtual Astronomy Fair was organised for the classes I-V through Google meet, an inter house poster making competition on the theme 'Woman in Space' for the classes VI-VIII, an inter house Astronomy quiz on the following topics: 'Woman in Space', 'Contribution of Indian scientists' and 'Important astronomical events' for the classes IX-XII. It was conducted through Google form and the quiz had four participants from each house.

Videos demonstrating hands-on activities were presented to students of classes I - V via a Google Drive link prepared by the members of the

needles. The different phases of the moon were shown in an interesting way using white bread. They learned about solar system by well defined



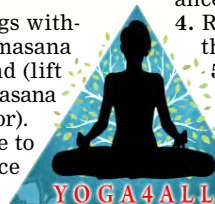
Astronomy Club. The children enjoyed the videos. They learned about Milky Way by watching the 'Galaxy in water bottle'. The concept of constellation was explained by hands-on activity 'Nakshatras' by using a disposal cup and

model. It was a joyful learning experience for the primary school students.

The astronomy fair not just gave a joyful experience to the students but also made them aware of importance of astronomy and space science.

PADMA MAYURASANA

- First, come to the position of Padmasana (Lotus Pose) with properly folded legs crossing each other. Before doing this, perform some light warm-up exercises.
- Once you're comfortable getting into the pose of Padmasana, try to bend forward with palms placing on the floor (keep your palms pointing backward).
- Then, twist (bend) your both elbow and keep them close to each other.
- After that, lean in a forward direction and put your elbows against your abdomen (middle part of abdomen).
- After that, try to lean forward and shift your trunk weight on your upper arms.
- Then take a deep breath and hang on for few seconds.
- Then, raise your legs without breaking the Padmasana above from the ground (lift your legs in the Padmasana form parallel to the floor).
- At this point, you've to maintain your balance as much as you can.



- Now, this is the final pose of the Padma Mayurasana. Retain your breath & remain in the position.
- If you easily remain in the position for long duration then breathe slowly in the final stage.
- To discharging the pose, first gently lower down your legs on the floor & come into the initial position (Lotus pose). Remember to breathe out while you lower your legs.

METHOD

1. Core muscles should be engaged and activated throughout the pose.
2. Head straight, gaze into forward direction.
3. Shoulder to be strong and balanced.
4. Rest the torso on the back part of the upper arm.
5. Hands on the floor.
6. Lower back, glutes and buttocks engaged throughout practice.
7. Elbows close to each other and aligned beside naval.



8. Legs straight in opposite direction of head.
9. Feet flexed and pointed opposite to the head.

HEALTH BENEFITS OF PADMAMAYURASANA

- Strengthens forearms, wrists, elbows, shoulders.
- Improves digestion process.
- Reduces belly fat. Massages and tones your abdomen area
- Improves functions of liver, kidneys
- Increases focus.
- Improves your sense of balance.
- Balance your Tridoshas and calms your mind.
- Makes your ankles along with your knees more flexible.
- Very effective for diabetic patients. Improves the function of your pancreas.
- Purifies your blood by removing toxins from the blood.
- Helps in solving skin related problems.
- Helps if the spleen is enlarged.

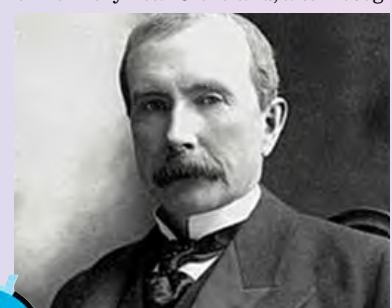
Aloke Kumar Das, N.S. N.I. S. (Yoga Trainer of Birla High School, Kolkata)

Yoga should be practiced under the supervision of Yoga Guru. The views expressed in the above article are those of the author and the newspaper takes no responsibility for it.

Turning adversities into opportunities

John D Rockefeller is often cited as the richest businessman to have ever lived. John D Rockefeller is a perfect example of someone who turned adversity into advantage. What we know of him is an oilman, the business magnate controlled 90 per cent of oil in the whole country, through his company Standard Oil. But before that he was a book-keeper and an aspiring investor in Cleveland. He had a fair share of problems in his own childhood, his father was an alcoholic who abandoned him and left him to be on his own. Young Rockefeller at the age of 16 took up his first job where he earned fifty cents a day. In 1857 a great economic depression hit the US, the problem originated in Ohio and thus hit Cleveland the hardest. This led to a subsistence crisis over the country and plummeted all the prices. Despite the distress, Rockefeller kept his head

cool, he did not look at the problem as something that would destroy markets, he considered it as an opportunity. Rockefeller established his first business, dealing in hay, grain, meats, and other goods. In 1863, he built his first oil refinery near Cleveland, after recog-



INSPIRING ICONS
JOHN D. ROCKELLER

nising the commercial potential of the expanding oil production in western Pennsylvania. By the end of the next two years, it was the largest refinery in the area, and Rockefeller focused exclusively on oil. Soon enough he had gained the monopoly of oil all around the United States. Finally in 1911 when the Standard Oil Company reached its end Rockefeller was already a philanthropist and was helping the society. People consider his business expansion to be ruthless but truth be spoken he was someone who had the calibre to make a monopoly on an oil business after the greatest economic depression of the country. He was someone who knew that it is all about perspectives, when people saw a problem he saw a solution.

Mayank Mundhra, Class X, Apeejay School, Park Street, Kolkata



REAL MADRID CLINCH 12TH SPANISH SUPER CUP TITLE



Comfortable win means Ancelotti now has five trophies

Real Madrid won the Spanish Super Cup by beating Athletic Bilbao 2-0 on Sunday as Luka Modric and a Karim Benzema penalty secured a comfortable victory in Saudi Arabia.

Modric's curling finish towards the end of the first half and Benzema's strike early in the second sealed the win for Madrid, who claimed their first trophy in Carlo Ancelotti's second spell as coach.

Athletic had beaten La Liga champions Atletico Madrid to reach the final but were well beaten at the King Fahd Stadium by a slick, organised Real Madrid side, that have now lost only once in 20 matches.

They had brief hope in the 87th minute when they were awarded a penalty and Eder Militao was sent off, but Raul Garcia missed

and Madrid's win was safe.

Ancelotti's side face Elche on Wednesday in the quarter-finals of the Copa del Rey and Paris Saint-Germain next month in the last 16 of the Champions League. In La Liga, they are five points clear at the top of the table. "It's an impulse, an impulse to keep going," said Ancelotti. "We don't have much time to think because another competition is coming."

IN TOP FORM

Modric continued his brilliant form by scoring the opener, a goal that makes him the oldest goalscorer in Spanish Super Cup history at 36. The 33-year-old Marcelo, meanwhile, came on for the last few minutes, before lifting his 23rd trophy at Real Madrid, equalling the haul of Paco Gento as the most successful player in

the club's history. "He's one of the greats, a legend of this club," said Madrid president Florentino Perez. Ancelotti now has five trophies as Real Madrid coach, adding a Spanish Super Cup to the Copa del Rey, Champions League, UEFA Super Cup and Club World Cup he won during his first spell.

The Spanish Super Cup stayed in Spain in 2021 because of the pandemic but has returned to Saudi Arabia as part of an agreement until 2029 that will earn the Spanish football federation around 30 million euros a year.

Athletic's Inaki Williams and Oihan Sancet looked dangerous early on, with Williams wanting a penalty when the ball struck the sliding David Alaba on the hand but referee Cesar Soto was not interested.

FACING THE THREAT

Despite Vinicius Junior's imperious form in recent weeks, Madrid's greatest threat came

down the opposite side, through Rodrygo.

The first warning came when Kroos pinged the ball out to the Brazilian, who dropped it inside for Benzema and the striker's curling shot flew just wide of Unai Simon's far post.

The opener took a similar route, even if it started with Thibaut Courtois, who played out to Toni Kroos. Under pressure, Kroos found Casemiro and the ball shuffled along, through Modric and out right.

Rodrygo drove past two Athletic defenders afraid to challenge in the box and by the time Dani Garcia slid to block, it was too late, Rodrygo toeing the ball inside to Modric, who whipped the ball first time into the corner.

Seven minutes into the second half, it was two, as Yeray Alvarez leapt to block Benzema's shot, stopping the ball with his outstretched right arm. The referee checked the monitor and gave the penalty, which Benzema fired left and in. Hope for Athletic came late, and briefly, in the 87th minute, when Militao was sent off for



Luka Modric poses with his Most Valuable Player award

blocking another Raul Garcia header towards goal and Athletic were awarded a penalty. But Raul Garcia missed, his drive down the middle met by the left foot of Courtois. AGENCIES

ROOT VOWS TO CONTINUE AS CAPTAIN

Post Ashes disaster, says change in thinking necessary for team

England's Joe Root has vowed to continue as Test captain despite suffering a 4-0 mauling at the hands of the Australian team in the Ashes series. England lost 10 wickets for 56 runs on Sunday to lose the fifth Test by 146 runs and surrender the series.

The hosts could easily have won the series 5-0, but for some bad weather and heroics from England's lower order in Sydney, when the outclassed visitors held on for a tense draw.

"To be at the end of a five-Test series with so many positives - winning 4-0 - it's huge so I'm really pumped," Australian captain Pat Cummins said. "It really feels like we are building to something big."

"I can't wait to show our wares overseas so we can really judge ourselves in all conditions." England had no answers once more in Hobart to the pace barrage of Cummins, Cameron Green, Scott Boland and Mitchell Starc, who shared the wickets between them and took nine English wickets in the night session.

No likely candidates

There have been increasing calls for Root to

stand down as captain and concentrate on his batting, allowing someone with fresh ideas to take the helm. But the only standout candidate for the role, Ben Stokes, said earlier in the series he didn't want the job and threw his support behind Root.

Speaking after the demoralising loss in Hobart, Root was in no doubt he wanted to add to his record tally of 61 Tests in charge of England. "I'll admit it, we're going through a really tough stage as a group," Root said. "Our performance and focus haven't been good, but I want the opportunity to turn things around."

"I honestly believe that I'm the best person to take this team forward, but if that decision is taken out of my hands, so be it. But I do have the appetite to carry on."

Need for rethink

Root said that no matter who was captain going forward, there needed to be a change of thinking in English cricket if the Test team was to improve. "We've got a real opportunity to prioritise Test cricket and off the back of this make a real significant change to the game," he said. "Let's hope that happens."

Root wouldn't be drawn on what he thinks



Australian skipper Pat Cummins celebrate after winning the Ashes series against England

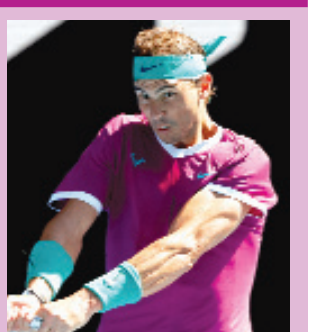
needs to change, but he said he would talk to administrators before the three Tests against the West Indies in March. "I will express my views on things and about how we can make significant changes to the red ball game in our country," he said. "So let's see how things progress in the next few weeks." AFP

NADAL, OSAKA THROUGH AFTER DJOKOVIC SAGA AT AUSTRALIAN OPEN

Rafael Nadal opened his Australian Open campaign in storming style on Monday as the first Grand Slam of the year finally began after a chaotic build-up dominated by the visa saga engulfing world number one Novak Djokovic.

Defending women's champion Naomi Osaka breezed into the second round but teenager Coco Gauff was an early big name casualty, the American 17-year-old dumped out in straight sets by China's Wang Qiang, who is ranked outside the top 100.

Nadal started his quest to become the first male to win 21 Grand Slams by sweeping aside the 66th-ranked Marcos Giron 6-1, 6-4, 6-2. There was relief from Nadal that they were at last playing tennis - he said he had grown "quite tired" of talking about his



great Serbian rival, for whom he said he still has respect.

"The ideal situation in the world of sport is that the best players are on court, no?" said Nadal, who next plays Germany's Yannick Hanfmann in the second round.

Japan's Osaka registered her 23rd win in her last 24 matches in Melbourne, with a 6-3, 6-3 win against Colombia's Camila Osorio. AFP

QUIZ TIME!

Q1: Who was the first female golfer in the PGA Tour event?

- a. Babe Didrikson Zaharias
- b. Muni He
- c. Inbee Park
- d. Paula Creamer

Q2: After coming back to basketball after retiring again, Michael Jordan resumed his career with which team in the 2002-03 seasons?

- a. Boston Celtics
- b. Washington Wizards
- c. Boston Celtics
- d. New York Knicks

Q3: In the 2002 or 2002-03 season, which sport was almost called off because of a player's strike?

- a. Baseball
- b. Cricket
- c. Basketball
- d. Golf

Q4: Who has the most home runs in baseball history?

- a. Alex Rodriguez
- b. Babe Ruth
- c. Barry Bonds
- d. Henry Aron

Q5: In which year did Michael Schumacher establish his

record of 13 wins in a season?
a. 2006 b. 2007 c. 2002 d. 2004

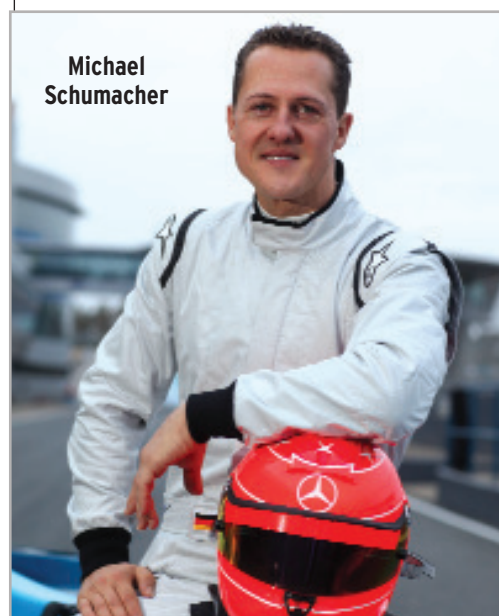


Photo: GETTY IMAGES

Q6: Which golfer has the most major championship victories in their career with the PGA?

- a. Luke List
- b. Jack Nicklaus
- c. Dustin Johnson
- d. Ernie Els

Q7: Which NHL player has scored the most goals and points in their career?

- a. Patrice Bergeron
- b. Victor Hedman
- c. Sidney Crosby
- d. Wayne Gretzky

Q8: In what sport was Manon Rheume recognised?

- a. Cricket
- b. Baseball
- c. Basketball
- d. Hockey

Q9: Who broke Ricky Williams' all-time NCAA football scoring record?

- a. Travis Prentice
- b. Tom Brady
- c. Deion Luwynn Sanders
- d. Troy Aikman

ANSWERS: 1. a. Babe Didrikson Zaharias
2. b. Washington Wizards 3. a. Baseball
4. c. Barry Bonds 5. d. 2004
6. b. Jack Nicklaus
7. d. Wayne Gretzky 8. d. Hockey
9. a. Travis Prentice