

antardhwani

SUMMER CAMPS

Group 1 and Group 2

Dates:1. 24th May to 28th May '18

2. 29th May to 2nd June '18

DAY 1

TIME	SCHEDULE
6.45 Am	Departure from New Delhi railway station via Dehradun Shatabdi Express – Dehradun –via taxi-Landour, Mussoorie
14:30 15:00	Arrival at St. Thomas
15:00 15:30	Lunch at St. Thomas
15:30 16:00	Initiation –dos and don'ts
15:30 16:00	Possibility bag and Tent pitching class & Instructions on Camp-life
16:00 16:30	Camping/Outdoor Gear Issue
16:30 17:00	Group pitches tents and settles in
17:00 17:30	-
17:45 18:00	Acclimatization Walk to Chakkar
18:00 18:45	- Sunset –& back
19.00hrs	Session: Himalayan geography, flora & fauna(handouts)
19:30	Dinner
19:30 20:00	Expectations & Methodology, Personal Hygiene &
20:15 20:45	Sleeping bag Demo
21:00 hrs	Evening prayer & reflection time -journal writing
21:00 21:30	
21:30 22:00	Lights out!!

St Thomas' School Girls Sen. Sec. School, Mandir Marg, New Delhi

DAY 2

TIME	SCHEDULE
6:30 7:00	Wake- up
8:00 hrs.	Assembly – hymns –prayer –school song
8:20 hrs.	Breakfast
9:00 hrs.	Prepare for the day & Assemble (outside trek)
9:00 9:30	Walk to JNR conservation area; split groups of
9:30 10:00	Max 10-12 students
10:00 10:30	-
10:30 11:00	-
	-
11:00 11:30	-
	-
11:30 12:00	-
12:00 12:30	-
12:30 13:00	-
	-
13:00 13:30	Lunch at JNR
	-
13:30 14:00	-
14:00 14:30	-
	-
	-
14:30 15:00	Walk up to camera trap locations separately
15:30 16:00	Return to St Thomas'
16:00 16:30	High Tea
16:30 17:00	
17:00 17:30	
17:30 18:00	Settle in to Camp. Do's & Don'ts
18:00 18:30	- Sunset -
18:30 19:00	Review Session - Highs & Lows
19:30hrs.	Dinner
20:00hrs	Documentary on Himalaya/ Camp fun
20:00 20:30	
20:30 21:00	
21:00 21:30	Closing prayer
21:30 22:00	Lights out!

DAY 3

TIME	SCHEDULE
6:30 7:30	Sunrise walk (Ridge-top Chakkar)
8:00	Assembly – hymns –prayer –school song
8:20 - 9.00	Breakfast
9:00 – 10:00	Prepare for the day –DE issue of sleeping bags and mats& assemble
10.00-11.30	Community service- clean up
11:30 12:00	Conclusion and reflection
12:00 12:30	Feedback and takeaway
12:30 13:00	
13:00 13:30	Lunch at STS
13:30 14:00	End of service –vote of thanks
14:00 14:30	Informal time
14:30 15:00	
16:00 16:30	Creating a nature wall
16:30 17:00	
17:00 17:30	High tea
17:30 :19.30	Nature wall (cont.)
19.30hrs	Dinner
20:00 -21.30	Bonfire- Let's Bon. Together
21.30 -22.00	Reflection time
22.30	Lights out

DAY4

TIME	SCHEDULE
6:30 7:00	Wake- up
7:00 7:30	
7:30 8:00	Prayer -
8:20 9:00	Breakfast
8:30 9:00	Initiation into day's activity – wall garden
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	-
9:00 -10.30	Nature wall contd.
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11:00 hrs	Visit to clouds End-George Everest's house
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	-
	-
	-
16:00 16:30	Return to Lodge –refreshment
16:30 17:00	
17:00 17:30	Informal time
17:30 18:00	
18:00- 19.30	Group activity- <i>what have I experienced</i> <i>Story sharing/ reading out journals/ presentations</i>
20:00 20:30	Dinner
20:30 21:00	Movie Time- Fly Away Home/ The lighthouse of Orcas.
21:00 21:30	
22.00	Closing prayer -Lights- out

Day 5

Time	SCHEDULE
7:00hrs.	Wake- up
8:00 -8.20	Prayer – Hymns
8:30 9:00	Breakfast
9:00 9:30	Finishing up of the nature wall
9:30 10:00	
10:00 10:30	Packing –up –
12:30 13:00	Group photo
13:00 13:30	Departure for Dehradun station via taxi
13:30 14:00	Boarding Shatabdi express
14:00 14:30	
22.30/ 10.30pm.	ARRIVAL at New Delhi Railway Station via Dehradun Shatabdi Express.