



Alumna Retreat: Back to Bodhshala

at Antardhwani: 5Day/ 4Night

S.No	START	DAY ONE	DAY TWO	DAY THREE	DAY FOUR
1	5:00				
2	5:30				
3	6:00		-	-	-
4	6:30		-	-	-
5	7:00		Breakfast at Antardhwani	Breakfast at Bodhshala	Breakfast at Antardhwani
6	7:30		-	-	-
7	8:00		-	Nature Walk in the Forest	Explore Landour Cantonment, Bazar & Mullingar Walking
8	8:30		Drive to SIDH in Kempty village area	<i>Pick-up & Drive to Benog Mountain Quail Sanctuary; Optional/TBC*</i>	Conclusion & Reflection Session
9	9:00		-	-	Highs & Lows
10	9:30		-	-	-
11	10:00		Arrive at SIDH: Bodhshala (School Campus)	-	-
12	10:30		Meet the Village Women behind Himalaya Haat	Refreshments in Bodhshala	-
13	11:00		Refreshments in Bodhshala	-	Refreshments
14	11:30		-	Pick-up & Drive to the Mall Rd.	Take Away & Interviews
15	12:00		Explore the Bodhshala campus area on your own	Drop at the Library Chowk	-
16	12:30	Arrival by Shatabdi	-	-	-
17	13:00	Pickup & Transfer to Mussoorie	Lunch in Bodhshala	Lunch on Your Own	Lunch at Antardhwani
18	13:30	-	-	-	-
19	14:00	-	-	Visit to see rare books collection & history at the Mussoorie Library <i>(On Your Own. A Guided Tour is Only on Request)</i>	-
20	14:30	Welcome at Antardhwani	-	-	Depart for Dehradun
21	15:00	Lunch at Antardhwani	Learn about organic & natural food, its process and the cause of empowerment of women behind this initiative	Explore the remains of Raj Era Architecture in the historic Mall Rd. & Camel's Back of Mussoorie <i>(On Your Own. A Guided Tour is Only on Request)</i>	-
22	15:30	-	-	-	-
23	16:00	-	Refreshments in Bodhshala	-	-
24	16:30	-	-	-	-
25	17:00	Acclimatization Walk: Infinity Loop "chakkar"	-	Pick-up from Picture Palace & Drive back to Antardhwani	Departure in Shatabdi
26	17:30	-	-	-	
27	18:00	-	Snacks & Beverages	Refreshments in Antardhwani	
28	18:30	Snacks & Beverages	Open-Air Screening of Documentary or Film/ Movie on NatureEcology/ WomenEmpowerment/ HimalayaCulture	-	
29	19:00	Expectations & Methodology	-	-	
30	19:30	-	-	-	
31	20:00	Dinner in Antardhwani	Dinner in Antardhwani	Dinner in Antardhwani	
32	20:30	-	-	-	
33	21:00	Talk on Landour, Mussoorie's History & Heritage	Camp Fire: Garhwali Folklore & Music	Review: Reflection Session Plug-ins	
34	21:30	Camp Fire: Garhwali Folk Music	-	Camp Fire: Camp fun & Music	
	22:00	-	-	-	
	22:30	-	-	-	
	23:00	Lights out!!	Lights out!!	Lights out!!	